

INDEX

Op-Ed	2	School	23
News	3-15	Cops	24
Feature	9-16	DHR	25
Community	18-19	Chapel	27
MWR	17	Legal	28
Health	22	Sports/Fitness	32

Controlling Fire Ants

How to battle these pesky southern visitors.



page 9



Newlyweds Join Army

"I do" means "I don't" for these Basic Combat Training Soldiers.

page 14

The Fort Jackson Leader

Thursday, March 20, 2008

Published for the Fort Jackson/Columbia, S.C. Community

www.fortjacksonleader.com

Back on target

AIT Soldier aims to turn Army Green into Olympic Gold

Mike A. Glasch
Leader Staff

Spc. Brian Olsen has an embarrassing story from Basic Combat Training. When it came time to qualify with his M-16 rifle, he did not pass the first time around.

"My safety glasses had a scratch that threw my sighting off," Olsen explained. "It was embarrassing not being a first-time qualifier."

What makes that performance something Olsen would like to forget is that he was a member of the 2006 U.S. Olympic Biathlon Team — a sport that combines cross-country skiing with rifle marksmanship.

"They razed me when I got back to the biathlon program," he said.

Olsen is currently assigned to Company E, 369th Adjutant Battalion. He is attending Advanced Individual Training on a split-option to become a human resources specialist. He joined the Minnesota National Guard in 2007 to continue the pursuit of his Olympic dream.

"After returning home from the Olympics, I realized I had to make a decision. Would I be satisfied with having become an Olympian and move on to something else in my life, or would I keep going after the highest level and continue training?"

In the Olympics, Olsen competed in some of the qualifying races but did not qualify for the medal events. He watched and cheered from the sidelines as his teammates earned a record-high ninth place for the United States in the relay.

"There are three options to being a biathlete in the U.S.," Olsen explained. "One, you're rich and don't need to worry about money. Two, you find sponsors to pay for the tens of thousands of dollars it takes to live, train and travel. Three, you join the National Guard and become part of the biathlon program."

After doing some research, and taking time to think about his options, in January 2007, Olsen joined the National Guard and the National Guard Bureau Biathlon Program.

Several of Olsen's Olympic teammates were already members of the military and the Army's



Photo Courtesy of U.S. Biathlon Association

After the 2006 Olympic Games, Brian Olsen joined the National Guard and its biathlon program to help reach his goal of Olympic gold.

World Class Athlete Program (WCAP). The WCAP provides Soldier-athletes the support and training to compete and succeed in national and international competitions to include the Olympic Games, while maintaining a professional military career.

"Most of the Soldiers who come out of the program are top-notch Soldiers," Olsen said. "Some of my teammates from 2006 went into Special Forces and deployed to Iraq, Afghanistan and Kosovo."

Sgt. 1st Class Paul McCants, Olsen's platoon sergeant, sees Olsen following in his teammates' tracks

and becoming a top-notch Soldier, as well.

"He's a Soldier who exceeds the Army standards; this includes being a gentleman," McCants said. "Olsen has leadership traits that are light years beyond his peers. This Soldier has no fear of taking on challenges, especially when dealing with his peers and other tasks."

Olsen said he has been able to take some of what he has learned as an athlete and apply it to his life as a Soldier, and vice versa.

"Just by cheering on my team-

See Olympian Page 32



Leader File Photo

Retirees will be during Fort Jackson's Retiree Appreciation Days set for April 25-26.

Event welcomes, honors retirees

Susanne Kappler
Leader Staff

Fort Jackson will welcome military retirees from South Carolina and neighboring states April 25-26 to recognize their service during the installation's annual Retiree Appreciation Days.

A number of activities and services are available to retirees and their sponsored family members.

"The Retiree Appreciation Days event is designed to provide leisure, recreational, health screening and benefits information services to military retirees and family members," said Albert Brackett, retirement services officer for the Directorate of Human Resources.

Brackett strives for even greater success than last year.

"We had a great turnout at last year's event with more than 1,200 attendees from South Carolina, North Carolina, Georgia, Florida, Virginia and West Virginia," he said. "We received very positive and appreciative comments from the retirees. We have planned this year's event to a big success by including a few more things that the retirees expressed to us that they would like added and we continue to put emphasis on making it more convenient for the attendees."

The event will get under way with a golf tournament, at 9 a.m., April 25 at the Fort Jackson Golf Club. Attendees who do not participate in the tournament are invited to attend the Basic Combat Training graduation ceremony, which will take place at the same time at Hilton Field.

The day's next planned activity is a bowling tournament held at Century Lanes Bowling Center starting at 1 p.m. The first day will conclude with a dinner and dance at the Fort

See RAD Page 3

Ask the Garrison Commander

Easter brunch; vaccines; removing orders

Q I am scheduled for reassignment to Korea in May. Will I be required to take anthrax and smallpox vaccinations before I go?

A Yes, in accordance with AMILPER message number 07-275, dated Oct. 15, 2007, anthrax and smallpox vaccinations are required for a permanent change of station, temporary change of station or temporary duty (if longer than 15 days) in Korea or the Central Command area of responsibility.



Col. Dixon

Soldiers can initiate or resume anthrax or smallpox vaccinations 120 days before their scheduled PCS, deployment or TDY. Individuals should arrive in Korea or any USCENTCOM AOR having completed the smallpox vaccination and begun the anthrax vaccination series.

Q I have two orders in my official military personnel file for the same award with different dates. How can I have one removed from my OMPF?

A Have your unit revoke one of the orders because of the different order numbers and dates. Your brigade's S-1 must forward a copy of the revocation orders to the Soldiers Records Center in Indianapolis, Ind. to place on your OMPF.

Q Are the clubs serving an Easter buffet this year?

A Yes, both the NCO and Officers' Clubs will be serving an Easter buffet from 11 a.m. to 2 p.m., Sunday.

For more information or reservations, call the NCO Club at 782-2218 or the Officers' Club at 782-8762.

Garrison Fact of the Week

If you have home movies of your children or treasured memories on videotape, now is the time to take them to Videorama to have them converted to DVDs.

In recognition of April as the Month of the Military Child, Videorama is offering a 50 percent discount on converting old tapes to DVDs. For more information, call 790-4210.

To submit questions to "Ask the Garrison Commander," call 751-5442, or e-mail nahrwolds@jackson.army.mil.

Fort Jackson talks back

What do you think is the hardest part of being a military parent?



Shirley O'Neal
Education Services Officer

"To me, the hardest part is adjusting to your children's moods and attitudes associated with the transitions."



Staff Sgt. Sam Loague
171st Infantry Brigade

"I don't get to spend enough time at home."



Gwendolyn Perkins
Family Member

"Moving is really hard on the children, and you have to help them adjust."

Spc. Adam Feldman
1st Battalion,
61st Infantry Regiment

"My daughter is only 15 weeks old, but I imagine separation is the hardest part. I think it's important for a child to grow up with both parents around."



Patrice Kornickey
Family Member

"The deployments are the hardest thing. Having to take the role of being a single parent is really hard."



Staff Sgt. Derrick Lawson
1st Battalion,
87th Infantry Regiment

"Dealing with the long hours and being away from your kids is hard. Also, getting your kids to understand the concept of why you have to leave for school or deployment."



The Fort Jackson
Leader

Fort Jackson, South Carolina 29207

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NEWS

RAD (continued from Page 1)

Jackson Officers' Club, beginning at 6:15 p.m.

April 26 will start off with a Retiree Recognition Ceremony at 9 a.m. at Darby Field. The ceremony will feature static displays and light refreshments.

The doors to the Retiree Expo and Health Fair will be open from 10 a.m. to 2 p.m. at the MG Robert B. Solomon Center. A variety of agencies serving retirees will be represented with displays and information booths and medical and dental screenings.

Organizations represented at the Retiree Expo and Health Fair include: TRICARE, Delta Dental, Medicare, Moncrief Army Community Hospital, Army and Air Force Exchange Service, Fort Jackson Commissary, the South Carolina Department of Veteran Affairs and Defense Finance and Accounting.

ID card services will be available at the Solomon Center during the expo. Retirees are also encouraged to bring their driver's license, proof of insurance, military ID and vehicle registration to register their vehicle on post.

The commissary will have a sidewalk sale from noon to 4 p.m., April 26 and the main post exchange will hold in-store sales throughout both days.

Susanne.Kappler1@us.army.mil

Want to be in the *Leader*?

— April is the 17th anniversary of the cease fire of the Persian Gulf War, and the *Leader* staff is seeking current, active-duty Soldiers who served in the Persian Gulf War for an upcoming article. Subject will need to be able to speak freely about the first war, their career and what they now do.

— May is Asian Pacific Heritage Month, and the *Leader* staff is seeking current, active-duty Soldiers who have Asian-Pacific Islander heritage for an upcoming article. Subject will need to be able to talk freely about how his or her heritage has had an impact on his or her life — either positive or negative.

For more information, call 751-7045 or e-mail fjleader@jackson.army.mil.

'Green' furniture tours



Photo by Susanne Kappler

Vendor Mike McGraw, right, explains the benefits of "green" furniture to Col. Kevin Shwedo, Fort Jackson deputy commanding officer, during the Sustainable Interiors Showroom tour Tuesday at the Strom Thurmond Building. The tour will be offered once a month throughout the year, and showcases environmentally friendly furniture and flooring for office areas.

New RRSC headquarters to open soon

Chris Rasmussen

Leader Staff

Work on the \$18 million headquarters for the U.S. Army Reserve's new Southeast Regional Readiness Sustainment Command is nearing completion.

The Directorate of Public Works is expected to tour and inspect the facility in two weeks in preparation of adding the building to its inventory.

"They are getting ready to put in the landscaping and finish it up," said Matt Shealy, a DPW environmental protection specialist. "After we do the walk through it will be turned over to us from the Army Corp of Engineers."

The 80,000 square-foot building will house administrative offices and training areas for the new command, which is being relocated from Birmingham, Ala.

It is one of four new Regional Readiness Sustainment Commands, continuing a transformation plan announced in 2007 by the U.S. Army Reserve Command.

The 81st Regional Readiness Sustainment Command will support a geographical area including Kentucky, Tennessee, North Carolina, South Carolina, Georgia, Alabama, Louisiana, Mississippi and Florida.

As the four new commands stand up, they will replace the 10 Regional Readiness Command headquarters currently providing base support to Army Reserve units in their respective regions across the country.

"As part of the transformation, units will be more operationally functional," said Maj. William Ritter, a spokesman for the 81st RRSC. "Plus it will give units better facilities for training."

The change is also expected to provide better predictability for Soldiers on when they will be deployed through a five-year cycle called Army Force Generation.

The current Regional Readiness Commands will stand down in phases this year as the new support commands become fully operational, and new smaller commands will be established in



Photo by Chris Rasmussen

Workers prepare soil to install landscaping around the new U.S. Army Reserve Southeast Regional Readiness Command Headquarters.

place of many of the RRCs.

The other three RRSCs are the 63rd at Moffett Field, Calif.; 88th at Fort McCoy, Wis.; and 99th at Fort Dix, N.J.

The 63rd RRSC will support a geographical area including California, Nevada, Arizona, New Mexico, Texas, Oklahoma and Arkansas. Its projected Initial Operational Capability is no later than the fourth quarter of 2007.

The 88th RRSC, with a projected IOC of no later than the fourth quarter of 2007, will include the geographical area of Washington, Oregon, Idaho, Montana, Wyoming, Utah, Colorado, North Dakota, South Dakota, Nebraska, Kansas, Minnesota, Iowa, Missouri, Wisconsin, Illinois, Michigan, Indiana and Ohio.

The 99th RRSC will be responsible for an area including Virginia, West Virginia, Maryland, Delaware, New Jersey, Pennsylvania, New York, Rhode Island, Massachusetts, New Hampshire, Connecticut, Vermont and Maine. Projected IOC is no later than the second quarter of 2007.

Chris.Rasmussen@jackson.army.mil

Around Post

Teen/College Student Job Fair

A job fair for teens and college students will be held from 10 a.m. to noon, Friday at the Youth Center. For more information, call 751-6153/5256.

Spouses to Teachers Seminar

Spouses to Teachers will hold a seminar about teacher certification 1 p.m., Tuesday at the Education Center, Room B302. For information or to register, call 734-4014.

Troops to Teachers Seminar

Troops to Teachers will hold a seminar about teacher certification and job placement 2:30 p.m., Tuesday at the Education Center, Room B303. For information or to register, call 734-4014.

Reassignment Briefing

A reassignment briefing will be held 1:30 p.m., March 26 at the Strom Thurmond Building, Room 213. The Phase II briefing (for overseas assignments only) will be held immediately following the Phase I briefing and is mandatory for all Soldiers scheduled to PCS overseas. For more information, call 751-5578.

TRICARE Teleconference

A TRICARE Teleconference will begin at 6:30 p.m., March 27. The topic will be behavioral and mental health benefits for active-duty service members and their families. Participants may call from any location. The phone number is (866) 374-6518 and the participant code is 6847571.

Motorcycle Rally

A Safety Office sponsored Motorcycle Rally will be held March 28. It will include a one-hour class, a courtesy motorcycle and helmet inspection, local vendors and celebrities and a 17-mile ride around post. For more information, call 751-7553.

New training exercises abound

True-to-life combat ranges almost ready for IET Soldiers to use

Chris Rasmussen
Leader Staff

Two new ranges that replicate combat operations Soldiers face in Iraq and Afghanistan will soon be available for Initial Entry Training Soldiers at Fort Jackson.

Camden Convoy Live Fire, a 4.3-mile mounted combat course featuring pop-up targets, is slated to open April 19. The Urban Assault Course, which was expected to open in April, has been delayed because of inspection issues, according to Mark Smagner, Range Control chief of operations.

The convoy course will replace Anzio Range Convoy Live Fire and offer the capacity to train two company-sized platoons on a forested trail course erected near the former Camden Range.

"The convoy live fire is an expansion of what we already do now at Anzio," said Lt. Col. Richard Smarr, Victory Support Battalion commander. "Now we will have a 4-mile course that is tighter than the 2-mile course we do now. They get more shots at different things and there are several more tasks than there are on Anzio today."

The new course features an After Action Review Site, a staging area with ammo points and water pods where the convoys will start and finish. The site is located along Fire Break 39 between Johnson Rifle and Dixie roads. The area has the capacity to hold 14 convoy vehicles.

Seven convoy vehicles at a time would proceed onto the course, which would include a lead command High Mobility Multipurpose Wheeled Vehicle (HMMWV), four gun trucks, an ambulance and a follow HMMWV equipped with a Squad Automatic Weapon (SAW).

Company B, 1st Battalion, 34th Infantry Regiment is the first unit scheduled to go through the course.

"Camden Convoy Live Fire will provide our Soldiers an excellent training experience. It replicates mounted convoy operations much like those conducted in Iraq and Afghanistan," said Lt. Col. Kenneth Royalty, commander 1st Bn., 34th Inf. Reg. "The live fire course gives our Soldiers multiple direct fire engagements; they are forced to react to multiple IED attacks and are given the opportunity to actually dismount within a convoy and fire and maneuver on an enemy insurgency force.

"The course is a much more demanding and realistic training event than what we currently execute during our Anzio Convoy Live Fire and there is no doubt it will better prepare our Soldiers for future combat operations," he said.

The course goes down the firebreak, jogs along another firebreak until coming out on Dixie Road near Remagen Hand

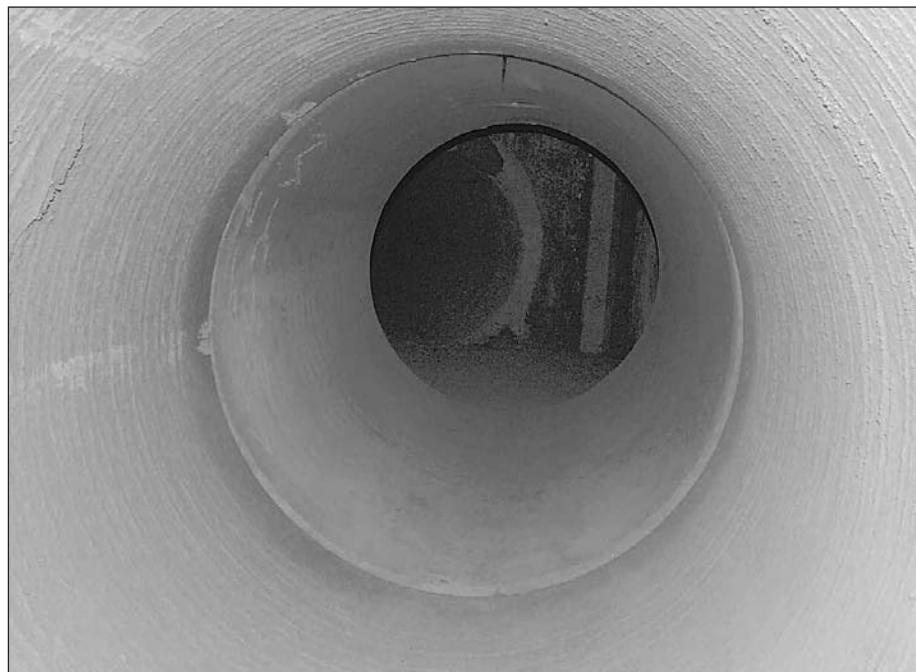


Photo by Chris Rasmussen

In addition to clearing buildings, Soldiers will also learn underground operations in a system of concrete tunnels.

Grenade Range. The convoy would then travel down Dixie Road, turn south down another firebreak before entering the live fire portion of the course between the Forward Aid Station and Omaha Beach Range.

Closure priorities. Anzio Range Convoy Live Fire will remain open for the Drill Sergeant School and Advanced Individual Training Soldiers.

The Urban Assault Course will feature five stations that train Soldiers how to clear and enter buildings, use M-203 grenade launchers and conduct underground operations in an urban environment.

Designed by the Army Corp of Engineers, the \$1.9 million project will cover 13 acres off Johnson Rifle Road, just west of the Forward Aid

Station at the site of a former artillery bunker.

The Urban Assault Course is intended to be the precursor to training at the Shoot House and Combined Arms Collective Training Facility.

The range's buildings, which will resemble Iraqi villages, will feature pop-up targets that shoot back at the Soldier using Laser Target Interface Devices and the Multiple Integrated Laser Engagement System, booby traps and alleyways.

"These new ranges will give Soldiers a better feel for what a contemporary operating environment is like," Smarr said. "These will be used near the end of BCT. It is more geared toward graduate-level stuff."

The new Urban Assault Course will not replace the Military Operations on Urban Terrain Site. In fact, plans are in the works to add an explosive device lane at the MOUT.

Chris.Rasmussen@jackson.army.mil

"Camden Convoy Live Fire will provide our Soldiers an excellent training experience. It replicates mounted convoy operations much like those conducted in Iraq and Afghanistan."

Lt. Col. Kenneth Royalty
1-34 commander

"It goes off into the woods instead of going around a track and stopping at the tower," Smarr said. "It is really a huge improvement over what we have now. It better replicates what they will see on a real convoy."

The live fire portion of the course is 2.1 miles and includes six infantry and tank target areas spread across its length. Targets are remote controlled and pop up as the convoys pass.

Troops will traverse the course three times — a dry run, a blank run and a live-fire run. James Wyatt, Range Control officer in charge said he expects the course to take about 30 minutes to complete during the live-fire run.

The project, which was approved in 2005 by then Fort Jackson Commanding General Brig. Gen. Abraham Turner, follows a convoy operation design created by the Army Corps of Engineers. Funding for the new course, however, was deferred to 2007 because of Base Realignment and

Customer Service Corner

IAC discusses community concerns

Christina Garza

Community FIRST Coordinator

Fort Jackson's quarterly Installation Action Council convened March 6 to discuss and resolve issues, concerns and recommendations submitted by the Fort Jackson Community.

The deputy garrison commander welcomed the council members and visitors. The Customer Services Officer discussed the Interactive Customer Evaluation satisfaction levels so far for fiscal year 2008. Fort Jackson remains steady at 95 percent overall satisfaction with more than 13,000 customer comment submissions.

The Community FIRST/AFAP coordinator informed the council of the upcoming U.S. Army Training and Doctrine Command Army Family Action Plan Conference to be held in Virginia, May 5-8. Fort Jackson has been asked to send four delegates to the conference. The delegates have been selected and will also be participating in the local Installation AFAP Conference April 1.

The Community FIRST/AFAP coordinator said three

family member delegates are still needed for the upcoming Fort Jackson AFAP Conference.

Volunteers are needed for the focus groups, which will be held throughout the year. Planned focus groups are: Warriors in transition, veterans, retirees, Soldiers, drill sergeant spouses and teens. Anyone who would like to volunteer as a delegate should call 751-3425.

The council members provided an update on the status of the active issues for FY08. There were 31 total active issues discussed, including: ethanol and diesel fuel availability on Fort Jackson; identification scans at the gates when entering Fort Jackson; and travel assistance for medical appointments.

Active issues may be pending with the subject matter expert, forwarded to the commanding general, or forwarded to Department of the Army Headquarters. During the council, several issues were determined completed and will be discussed in the future articles of the Customer Services Corner. For second quarter FY08, 16 issues have been submitted through Community FIRST/AFAP. Re-

ceiving issues quarterly is very important for this process to run smoothly.

The next Installation Action Council will be held 2 p.m., June 5 at the Post Conference Room. The community is invited to attend.

The Community FIRST/AFAP is an ongoing process allowing community members to submit issues that cannot be fixed by the ICE system. For a detailed list of issues submitted through the Community FIRST process, visit the Fort Jackson Customer Management Services home page at: <http://www.jackson.army.mil/WellBeing/wellbeing.htm>

ICE Appreciation

The garrison congratulates Moncrief Army Community Hospital, specifically Radiology and the Occupational Therapy Clinic. They have achieved a 4.86 and a 4.85 rating, respectively, in employee/staff attitude out of a possible 5.0, for a 12-week period. This is an outstanding performance in customer satisfaction. Keep up the good work.



Schwitters hears a Who

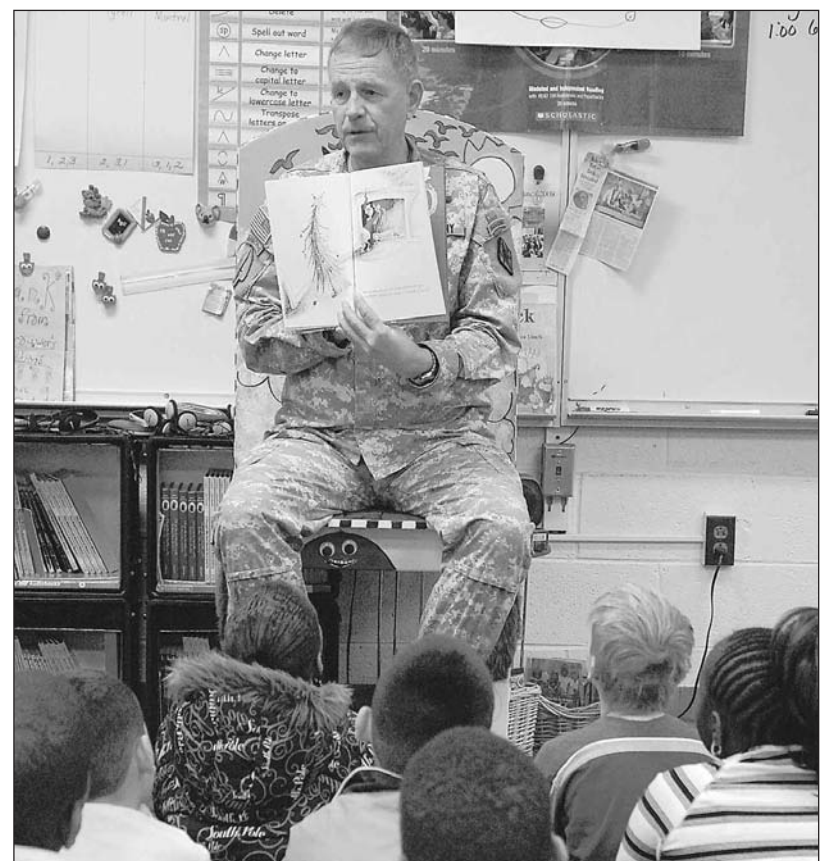
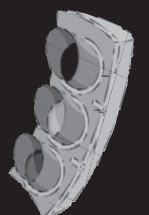


Photo by Chris Rasmussen

Brig. Gen. James H. Schwitters, Fort Jackson commanding general, reads "How the Grinch Stole Christmas" to third- and fourth-grade students Tuesday at C.C. Pinckney Elementary School Annex. Schwitters was one of several guest readers last week celebrating Read Across America Day, which was observed throughout the country March 3.

102 Number of weeks without a motor vehicle fatality at Fort Jackson.



Share the road with motorcycles



Army stands up Contracting Command

J.D. Leipold
Army News Service

FORT BELVOIR, Va. — The U.S. Army Materiel Command activated the Army Contracting Command (Provisional), which will oversee more than \$85 billion in contracts annually and focus on maintaining and improving the Army's ability to respond globally in support of warfighters' needs.

AMC Commander Gen. Benjamin S. Griffin introduced Jeffrey Parsons as the new executive director of ACC, telling the audience the 5,800-strong command would allow AMC to better support the Army in sustaining, preparing, resetting and transforming.

"Our goal is to focus on customers," Griffin said. "Structured to better serve the warfighter and to look for ways to improve our support, we will provide a single face to the customer for contracting support, working hand in hand with our Army field support brigades. We recognize that still much more must be done to reach where we want to be."

Griffin said the stand-up was a historic event, not because it was a new command but because the Army was demonstrating to OSD leadership, Congress, and the American taxpayer that Army leadership was serious in taking steps to regain confidence in Army contracting and ensuring that it becomes one of the Army's core



Photo by J.D. Leipold

Jeffrey P. Parsons prepares to accept a flag during the standing up of the new Army Contracting Command (provisional) March 13 at Fort Belvoir, Va. The new command will provide global contracting capability in support of warfighter needs across the full spectrum of military operations.

competencies.

Parsons told the audience that his new command would be world-class providers of contracting support to warfighters whenever, wherever to meet their needs.

"At the same time we must balance those needs with being good stewards of

our taxpayer dollars," Parsons said. "Even one instance of procurement fraud, waste or abuse is unacceptable no matter how small the infraction may be. The American taxpayer puts their trust in us and we should not and will not tolerate any violations of this trust."

Parsons also said it was imperative the Army train and develop contracting personnel to execute its contracts responsibly and that the Army "must be more pure than Ivory soap as even a 1-percent error equates to \$850 million."

Additionally, the Army will grow its contracting officer and non-commissioned officer corps by more than 900 Soldiers in the active, Guard and National Guard and will establish a warrant officer contracting branch that will add an additional 120 military personnel to the deployable force.

Parsons said the warrant officers will maintain the contracting technical expertise to support expeditionary operations, and they will play a key role in training officers and NCOs as they begin their contracting careers.

ACC will provide oversight to Installation Contracting Command under Bryon J. Young, who will oversee contracting support to Army and federal agencies at continental U.S. installations and provide contracting support for all common IT hardware, software and services on behalf of Army and Defense Department organizations.

Additionally, ACC will oversee the Expeditionary Contracting Command headed by Col. Camille M. Nichols, who will support Army service component commanders and the joint warfighter to Army and other federal agencies at overseas installations.

Defense Department releases gender relations survey

Fred W. Baker III
American Forces Press Service

WASHINGTON — Nearly 7 percent of active-duty women and 2 percent of active-duty men surveyed said they have experienced some type of unwanted sexual contact, according to a Defense Department report released Friday.

Officials released the 2006 gender relations survey today in conjunction with the 2007 report on sexual assault in the military. Both are congressionally mandated reports.

In the survey, conducted in 2006, 70,000 active-duty Soldiers were asked about any sexual harassment and assault experiences in the previous year.

Twenty-three thousand responded to the survey, said Rachel Lipari, senior scientist, Defense Manpower Data Center.

Overall, 6.8 percent of women responding and 1.8 percent of men indicated experiencing unwanted sexual contact. That number is down from those in 1995, but up from responses in 2002.

Thirty-eight percent of women, and 39 percent of all individuals who reported an assault, placed their most serious offense in the category of unwanted sexual touching. Twenty-one percent of women and 13 percent of men who reported an assault cited rape as their most serious assault.

Officials said they were surprised to find that 40 percent of women and nearly half of the men said their assault oc-

curred in the workplace.

About one-third of all incidents involved alcohol and or drugs use by either the offender or the victim.

For women, the offenders tend to be almost exclusively a lone male, but men report their offenders are men and women and often involve multiple offenders.

Co-workers are most commonly the offenders for both sexes and more than half of both sexes were stalked and harassed before the assault.

Twenty-one percent of women reported the incident, while 22 percent of men made a report.

"Because there is this component of unwanted sexual touching, people may opt to not go the full reporting route because it is a less egregious crime," Lipari said.

When asked why they didn't report the offense, most said they didn't feel comfortable coming forward. Only a small percentage reported not knowing how to lodge a complaint.

For sexual harassment, the study ranged from crude and offensive behavior, or "locker room talk," to unwanted sexual attention, or being repeatedly asked for dates, and being sexually coerced, Lipari said.

In the report, 34 percent of women and 6 percent of men indicated experiencing sexual harassment. The most common behavior reported was the locker room talk, she said. Again, the number was lower than 1995, but higher than 2002 reports.

A high number of service members reported receiving some form of preventive training, with 93 percent of men and women receiving sexual harassment training, and 89 percent receiving sexual assault training. Eighty percent of the respondents said sexual assault and harassment policies were posted in public.

Overall service members feel that the military had a better climate less sexual harassment and assault than in the nation.

Other findings in report include:

— Women in the Army were more likely than women in the other services to indicate experiencing unwanted sexual contact and harassment, whereas women in the Air Force were less likely.

— Men in the Air Force were less likely than men in the other services to indicate experiencing unwanted sexual contact.

— Men in the Navy were more likely than men in the other services to indicate they experienced sexual harassment, whereas men in the Air Force were less likely.

— Among women, junior enlisted members were more likely than senior enlisted members, junior officers and senior officers to indicate experiencing unwanted sexual contact and harassment.

— Among men, junior enlisted members were more likely than men in the other pay grades to indicate experiencing unwanted sexual contact or harassment.

NEWS

Avoiding, controlling fire ants this summer

1st Lt. William Amerson

Moncrief Army Community Hospital

With the warm weather comes a host of bugs and vermin eager to annoy and aggravate anyone in their vicinity. One such pest is the Red Imported Fire Ant.

Fire ants can be found throughout the Southeastern United States and are identifiable by their reddish-brown color, the large mounds they build as part of their

nesting and their highly aggressive behavior.

Fire ants have a painful bite, but are most notorious for their sting. Unlike bees, fire ants can sting multiple times leaving a painful and itchy red welt which eventually becomes a white pustule.

Scratching or rubbing the blisters can cause bacterial infections and scarring and should be avoided.

In rare cases, fire ant stings have caused death in allergic individuals. The most effective method of controlling a colony is baits in the form of a granular product.

Users should look for Environmental Protection Agency-approved active ingredients including methoprene, abamectin, hydromethalon and fenoxycarb.

Most over-the-counter treatments found in home supply stores will have these active ingredients. Individuals applying any treatment should read product labels carefully and follow all directions.

In pesticide application, the label is the law. Although



baits are slow-acting, their use is often the best way to reach the queen and eliminate the colony.

Unit field sanitation teams are encouraged to use over-the-counter-treatments as needed on PT fields and in field sites. For more information on fire ants or how to control them, call 751-1704/6081.

Editor's Note: 1st Lt. William Amerson is an environmental science officer at Moncrief Army Community Hospital.

Best-kept secret on Fort Jackson

Brenda Singleton

U.S. Army Student Detachment

Hidden on the second floor of the Strom Thurmond Soldier Services Center, a small office located at the end of a long hallway houses the unknown, United States Army Student Detachment.

When Soldiers encounter this little known office, they often ask what unit it is, and when we respond, "The U.S. Army Student Detachment," they almost always reply with, "Never heard of it."

This response initiates a background history of a well-kept secret.

The USASD originated November 1973 at Fort Benjamin Harrison, Ind. The primary mission of the USASD is to provide command and control and personnel administration for all active-duty Soldiers attending civilian colleges, service command and staff colleges and foreign military schools.

Through the years, additional training opportunities were added to the list such as the active-duty Green-to-Gold Reserve Officers' Training Corps option, Training-with-Industry (Wal-Mart, Lockheed Martin, etc), scholar and congressional fellowship programs, and the Foreign Area Officer-In-Country training.

In April 1981, the functional responsibility for the USASD was transferred from the Directorate of Personnel and Community Activities to the Troop Brigade at Fort Benjamin Harrison. Years later, in October 1993, the USASD was relocated to Fort Jackson and aligned as a separate unit under the command and control of Victory Brigade, now the 171st Infantry Brigade.

To date, the USASD consists of a headquarters and three subordinate support sections (Finance, Human Resources and Training) arranged to provide administrative and finance services similar to those of a company or battalion PAC, with both military and civilian Department of Defense support staff.

The USASD also acts as the primary liaison between the students, the Adjutant General Human Resource Division and the Defense Military Pay Office.

The detachment's mission is to provide worldwide command and control, and finance and administrative support to more than 1,800 officers and senior noncommissioned officers attending civilian or military training worldwide.

They also support students in more than 40 stateside and 30 overseas locations, and at more than 300 academic institutions.

Congressman visits WTU Soldiers



Photo by Carrie David Ford

U.S. Rep. Joe Wilson (S.C.) visits with Sgt. Barry Strong, left, and Spc. Shawn Laurie, both in the Warrior Transition unit, Tuesday at the Soldier and Family Assistance Center. Wilson visited to meet Soldiers and see progress on the WTU and SFAC facilities.

MEPCOM commander inspires Soldiers



Photo by Susanne Kappler

Col. Barrye L. Price, commander of the Eastern Sector U.S. Military Entrance Processing Command, speaks about leadership to the Fort Jackson chapter of the ROCKS, Inc., Friday at the Officers' Club.

FEATURE

'Get to know us before you need us'

Spc. Lindsay A. Bishop
Directorate of Emergency Services

American Red Cross caseworkers and their predecessors have been making the link between service members and their families in emergency situations since World War I.

Hundreds of emergency messages are delivered every month at Fort Jackson. A program, in place since 2000, facilitates reaching out to new members of the active forces as well as members of the National Guard and the Reserves.

The goal of the "Get to Know Us Before You Need Us" program is to educate service members and families before an emergency occurs, as well as to provide information and referrals to other services available to military members and their families.

This program is a joint effort, cooperatively shared between the American Red Cross stations operating on military posts and the civilian American Red Cross chapters in communities close to the Reserve and National Guard units.

At Fort Jackson, American Red Cross plays a role in the Family Day presentations to the new Basic Combat Training graduates, explaining the program and providing materials and information. For many family members, this information will help them to effectively reach their service member when the need arises.

This presentation stresses to service members that they or their family can call the Red Cross day or night for help. The family only needs to place a call to the local Red Cross chapter to initiate the emergency notification process without delay. This is especially reassuring to families of new Soldiers, many of whom are single and young and living away from their families for the first time. Similar training is available to any group interested.

The program's goals include informing military families about the multitude of services the Red Cross offers to meet their needs, beyond the emergency message service. Local chapters may be able to help family members with information on such issues as coping with separation issues, dealing with financial problems or other issues — particularly the deployment of a service member. This is especially helpful for Reserve and National Guard families or active-duty families who do not live near a military base. These services are extended via a network of more than 13,000 employees and volunteers, both in chapters throughout the United States and on military installations worldwide.

Sgt. 1st Class Sheila Gordon, operations NCO for the 171st Infantry Brigade, recalled receiving a message that her grandmother was critically ill. In Gordon's case, she was already in direct communication with her family and she was able to give them detailed instructions on how to contact the American Red Cross and what information would be needed. She related a case in which another Soldier, unaware of how the



Photo Courtesy of the American Red Cross

Sgt. 1st Class Sheila Gordon talks with American Red Cross caseworker Catherine Judy about a family emergency.

process works, was requesting leave without a message and thought the message would follow. She was able to help him with the procedure and within four hours, the Soldier was on the road home to see his very ill sister.

A Navy Individual Augmentee at Fort McCrady related his experience while at sea when direct communication with family was not possible and American Red Cross messages often brought news that was completely unexpected — both good and bad. In these cases, American Red Cross often provided the only communication method, and information on leave details was also done through a return message.

Aside from many of its traditional services, like running the largest blood-donor service in the United States and educational and certification programs in CPR, first aid and water safety, the American Red Cross chapters in civilian communities are able to provide many other services to military personnel and their immediate families.

For families living far away from military bases and unfamiliar with the military jargon such as those of activated National Guard and Reserve units, this help can be invaluable. Often, they do not have easy access to the resources available on military installations, and the local Red Cross chapter can provide that link.

In addition to verifying information and forwarding emergency messages, the local

Red Cross can collaborate with the military aid societies to provide access to financial assistance when needed.

Some local chapters can also provide information on local businesses willing to grant special discounts and help to military families. Financial assistance may be required for emergency travel, the burial of a loved one, or for basic maintenance which could include food purchases and a mortgage or rent payment.

The Red Cross also provides information and referral services.

Some chapters have family support groups in place during deployments. Also available is assistance with benefits claims to the Board of Veterans' Appeals.

The most common service remains the emergency notification messages. Many of these messages result in the granting of emergency leave, if possible. Critical to making this system work is accurate information on the Soldier (Social Security number and date of birth) and his or her unit.

Service members should make sure relatives know how to contact them at their current duty station, and that they know their actual unit of assignment, not just a mailing address.

"Notifications are often delayed when families can not provide this complete information," said Catherine Judy of the Fort Jackson American Red Cross Office. Families should be able to initiate a message by

making only a local call to the closest American Red Cross chapter, which will help and advise them. There is also 24-hour coverage provided at the toll-free number.

Accessing Red Cross Assistance

Access to Red Cross emergency communications services for military members and their families is available as follows:

— Active duty service members stationed in the United States and their immediate family members may call Service to the Armed Forces Centers or SAF Centers for help around the clock. The toll-free telephone number is (877) 272-7337.

— Other family members who do not reside in the service member's household, members of the National Guard and Reserves, retirees and civilians may access Red Cross services through their local Red Cross chapter, which is listed in a local telephone book and at <http://www.redcross.org/where/where.html>.

— Overseas personnel stationed on military installations should call base or installation operators or the on-base Red Cross office.

— At overseas deployment sites, contact the American Red Cross teams at Tikrit, Balad or Baghdad, Iraq; Camp Arifjan, Kuwait; or Bagram Air Base, Afghanistan.

Briefings on services and the emergency communication process are offered to units or Family Support Groups.

This assistance can be requested by calling the Fort Jackson American Red Cross Station 751-4329 or by visiting the office at 2179 Sumter St.

*American Red Cross Emergency
Communication Services
(877) 272-7337*

MARKING TIME

Brick building tells stories of post's past

Chris Rasmussen
Leader Staff

Motorists don't normally pay attention to the unassuming red-brick building on Marion Avenue. Little do they know, they are passing Fort Jackson's oldest permanent structure.

Built in 1933 as a motor vehicle garage, Building 2495 has been used through the years as a communications shop, electrical shop, museum storage building and now as a Morale, Welfare and Recreation maintenance shop.

"They were going to demolish it a few years ago, but MWR needed a place" said Chan Funk, post archaeologist. "It is now eligible for the National Register of Historic Places."

The building, which still bears remnants from its prior uses, was constructed by the South Carolina National Guard after Fort Jackson was closed following World War I and before the post was reorganized for World War II.

"I love history and I find this old building very interesting," said William Taubl, MWR maintenance mechanic. "I find things that haven't been used in a long time. There are still remnants of the communications shop like the original wooden pole



Photos by Chris Rasmussen

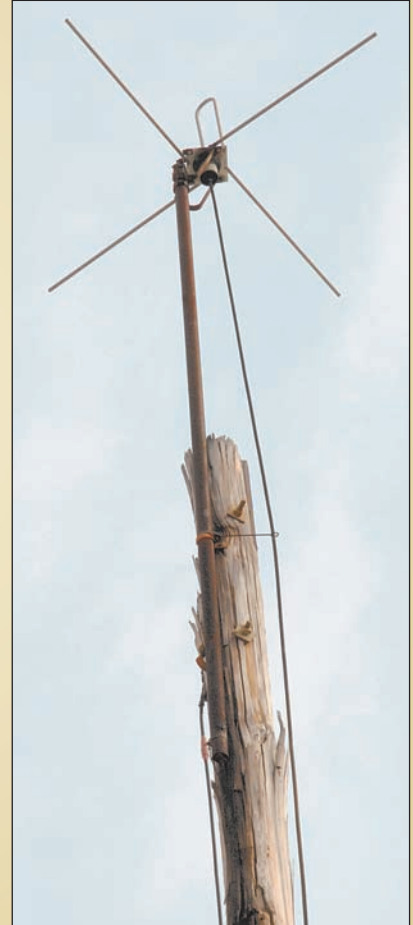
Morale, Welfare and Morale's maintenance shop on Marion Avenue is Fort Jackson's oldest permanent structure. Built in 1933, the brick building has been used as a motor vehicle garage, a communications building, an electrical shop and a museum storage facility.

and antenna outside."

There is also an original air compressor and a vent from a coal stove. An old Fort Jackson Museum sign hangs on the wall inside the shop. When it was used as a storage facility for the museum it housed a World War I era covered wagon and several cannons.

The building became Fort Jackson's oldest permanent structure last year when workers demolished the Ice Factory Building on Essayons Way.

"Everyone who used to work here left a little something here," Taubl said. "Now I am making it my home."
Chris.Rasmussen@jackson.army.mil



An original wooden pole and antenna from when the building was used as a communications shop in the 1940s still exist.

Have a historical tidbit for us?

The *Leader* is seeking historical stories and photos to use in its weekly Marking Time section. Retirees, veterans and community members with an interesting fact, story, photo, artifact, etc. pertaining to Fort Jackson should e-mail fjleader@jackson.army.mil.

NEWS

Red Cross VolunTEENS learn service, fun

American Red Cross

Since the founding of the Junior Red Cross in 1917, youth and the American Red Cross have been partners.

The goal is to provide young people with meaningful opportunities for education, training, leadership and volunteer/community service and to welcome them as a part of the Red Cross family.

Studies show that teens who volunteer learn to make service an essential part of a balanced life.

At Fort Jackson, the youth organization, called American Red Cross VolunTEENS is thriving, and making a real contribution to the community.

Monthly service projects are the center of the activities, but fun and new experiences are included as well. In the fall, the teens helped at annual post events, such as the Fall Festival and the holiday tree lighting ceremony.

The group also worked in collaboration with the Columbia American Red Cross Chapter in the local community, supporting the Haunted Trail for Halloween and working in support of the Harvest of Hope Food program. A just-for-fun bowling party was also thrown in!

According to one youth leader, Shemia Hunter, the service projects have been rewarding to all.

"I like doing the events with all the other youth, because it makes volunteering fun," Shemia said. "Everyone has so much energy and offers a lot to the group."

Gabby Tull, President of VolunTEENS said that volunteering at the Ronald McDonald House and the food banks were really wonderful experiences that helped the teens to realize that "We are truly blessed and we should always be appreciative of



Photo Courtesy of the American Red Cross

Fort Jackson's American Red Cross VolunTEENS learn about service to the community and how to have fun while helping others. The youth are involved in many activities throughout the year.

anything that is given us," Tull said.

The organization is run by youth, with an adult sponsor. Kelsy Judy, vice president of the group, said that this leadership opportunity has great benefits.

"Being a leader in the ARC VolunTEEN program has taught me how to be more efficient and organized. We all have to work as a team," Kelsy said. "I was very shy before, but now I'm not afraid to put forward my ideas."

Service and leadership are both experiences highly valued for future jobs and college applications, as well.

The most recent service project was to create and deliver Valentine's Day cards to Dorn VA Hospital, spending some time with the patients there.

According to June Kinzie, staff adviser

to the group, the organization's future plans include outreach to young school children, presenting the American Red Cross "Scrubby Bear" program which makes good personal hygiene fun for kids. In March, the American Red Cross will have a booth at the Teen Job Fair, to recruit new volunteers and inform teens about the programs and classes available. The job fair will be held Friday at the Fort Jackson Youth Center, 5975 Chestnut Road.

Many teens have been involved in Red Cross through baby-sitting, first aid, swimming and CPR classes or the long-standing summer youth volunteer program.

The summer volunteer program provides meaningful experience to teens looking to do something interesting throughout the summer or those who are exploring career

options in the medical field. This program is for volunteers 14-19 years old. The school year program which runs all year, is for youth age 12 through the end of high school.

Teen volunteers will help at the Annual Soldiers and Vets Charity Golf Tournament in early April. In May, the VolunTEENS will participate in the Fort Jackson Armed Forces Day celebration with an information booth and a fishing game for small children. There are also a number of classes being offered (baby-sitting, lifeguarding, CPR) in the coming months.

Interested youth can call the Red Cross Station Office at 751-4329, or drop by 2179 Sumter Ave. New members are always welcome to join in the variety of community service projects and fun.

FEATURE

‘I do’ causes ‘I don’t’ for 10 weeks of BCT

Newlyweds spend lonely honeymoon in separate basic training companies

Susanne Kappler
Leader Staff

When Pvts. Crystal and Jack Smith met 3 1/2 years ago, they were in high school in Kings Mountain, N.C., and had no idea they would get married. In fact, Crystal was dating Jack’s best friend at the time.

“And then I ended up being a bad friend, let’s put it that way,” Jack said; but he is quick to add that the relationship has been restored and “everything turned out to be all right.”

The young couple — Crystal is 18, Jack is 19 — were married in December and recently joined the Army together.

“That’s something I’ve always wanted to do. I don’t know what possessed her to join,” Jack said.

Crystal cleared up the matter.

“We do everything together, so I chose to do this with him,” she said.

Jack and Crystal both come from families with strong military backgrounds. Crystal’s father was a doctor in the Army and Jack’s father an engineer. Both have other family members who served. Still, it came as somewhat of a surprise to her family when Crystal announced her decision to enlist.

“My mom cried a lot,” she said. “At first, my dad said that I’d bumped my head. I’m a ‘daddy’s girl’ and he doesn’t want anything to happen, but now he supports it and he writes me all the time.”

The two new Soldiers arrived at Fort Jackson for Basic Combat Training Feb. 20 and are assigned to the 1st Battalion, 34th Infantry Regiment. BCT has its ups and downs for the two. Jack takes physical training very seriously and even finds positives in getting “smoked” by the drill sergeants.

“I want to be ready. I want to have a 300 in my PT test, that’s what I’m looking for,” he said.

Crystal prefers cadences and marching.

... I told myself that Jack would be at the finish line. I finished first.

Pvt. Crystal Smith
Basic Combat Training Soldier



Photo by Susanne Kappler

Pvts. Jack and Crystal Smith, both with 1st Battalion, 34th Infantry Regiment, demonstrate pushups for each other. The Smiths both joined the Army after getting married in December, and they will graduate from Basic Combat Training in May.

“MREs — not so good,” she chuckled. “I got a little sick after them.”

The couple will graduate May 9. They signed up for the same military occupational specialty, intelligence analyst, and will spend Advanced Individual Training at Fort Huachuca, Ariz. They said they wanted to make the Army their career and are considering applying for Officer Candidate School, but for now they are focused on getting through the separation caused by BCT.

They train in different companies and not being able to communicate with each other is the hardest part of BCT for both.

“When my drill instructors are hounding me and we’re doing stuff and we’re working and we’re learning, I don’t think about her and I’m focused on what I got to do,” Jack

explained. “And then, at the end of the night, when it’s lights out, I’m the guy sitting up in the middle of the night, going, ‘Man, I miss my wife.’ I’m the only guy in my bay who can’t talk to his wife. Everybody else can either call or write letters.”

But the mandatory separation — because Soldiers cannot correspond by letters to other BCT Soldiers — also serves as a motivational tool.

“We had an AGR (ability group running) run this morning,” Crystal said. “I’m in the slowest group. The drill sergeants keep pushing me to do better. And how I made myself do better was I told myself — I knew it wouldn’t be true — but I told myself that Jack would be at the finish line. I finished first.”

Susanne.Kappler1@us.army.mil

Jewish Purim: a Biblical powerball

Stephanie Alexander

U.S. Army Chaplain Center and School

Purim, one of the most joyous and fun holidays on the Jewish calendar, is a celebration of religious freedom.

It was not a matter of “if” the Jews of Persia were to be exterminated; it was simply a matter of “when.”

And the date, determined by the drawing of a lottery (Purim in Hebrew means lot) would be the 14th day of the month of Adar, about 2,500 years ago. In 2008, Purim is celebrated today.

It commemorates a time when the Jewish people living in Persia were saved from extermination. The story is recorded in the Book of Esther, which is read in its entirety each Purim.

The villain of the story is king Ahasueres’ prime minister, the evil, sinister and powerful Haman.

The hero of the story is Ahasuerus’ queen, Esther, a Jewish woman living in Persia. A royal edict commands that all Persians bow to Haman. The Jews refused, as it is forbidden for a Jew to bow to a man.

This angered Haman, and he convinced the king that because the laws of the Jews are different from those of the other king’s subjects, the Jews should not be tolerated and therefore should be exterminated.

The story of Purim has intrigue, treachery and conspiracy.

Among Ahasueres’ advisers is Mordechi the Jew. The king is considered a reasonable and honorable man, and to reach him, Mordechi arranges for his cousin, the beautiful Esther, to become part of the king’s harem. From among all of the king’s concubines he favors Esther the most and

makes her his queen.

Mordechi tells Esther to conceal her identity as a Jewess. She shares the king’s bed, his heart and has his ear, and she tells her husband of the evil doings of Haman.

She also tells him that she herself is a Jew and would be included in the executions, convincing the king to stop the execution plans and saving Persia’s Jews.

The story isn’t over yet, though. The king could not recall the execution order. Instead, he notified the local Jewish leaders of the plan and armed them.

They were ready when Haman’s death squads arrived and were able to defeat the onslaught. Ahasuerus arrests Haman, hangs him and nine of his 10 sons and appoints Mordechi as the new prime minister.

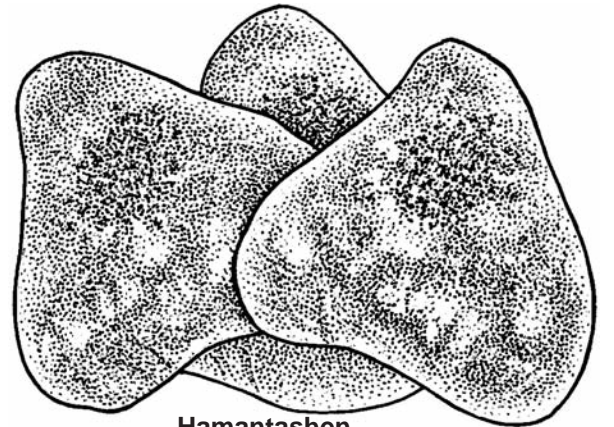
The Jews of Persia are saved from extinction and allowed to flourish and prosper despite their religious differences.

Celebrants customarily snack on pastries called Hamantashen, named for the villain of the story — Haman.

The pastry is shaped in the form of a three cornered hat, reminiscent of the hats worn by Persians of that day.

It is also customary that during the reading of the Book of Esther — the Megillah — congregations make an inordinate amount of noise stamping their feet or rattling noisemakers (gragers) each of the 54 times the name of Haman is mentioned, to drown him out.

Many communities hold Purim carnival-like festivals — sort of like Mardi Gras — to which children come dressed in costumes of Queen Esther, King Ahasuerus, Mordechi and Haman, play games and give gifts. It is



Hamantashen

written in the Talmud, that a person is required to drink until he cannot tell the difference between “cursed be Haman” and “blessed be Mordechi.”

There is no moral to this story; no lessons learned.

What remains outstanding to this very day and held sacred by every American, is that the first Amendment to the Constitution of the United States allows, no, guarantees the free expression of religion for everyone living within its borders.

This first amendment of the Bill of Rights remains the single most important pillar of the American culture.

Freedom of religion — a concept unheard of throughout the civilized western world, has encouraged those throughout the world to make America their home.

It is a guaranteed right held so sacred by us, that American military men and women have died defending that right around the globe since 1789.

Series: How civilians support the Army's mission

Sports coordinator helps boost Soldiers' morale

Mike A. Glasch
Leader Staff

— *I am an Army Civilian — a member of the Army Team*

— *I am dedicated to our Army, our Soldiers and civilians*

— *I will always support the mission*

— *I provide stability and continuity during war and peace*

— *I support and defend the Constitution of the United States and consider it an honor to serve our nation and our Army*

— *I live the Army values of Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage*

— *I am an Army civilian*

With dozens of sports to choose from ranging from flag football to darts to a triathlon, Soldiers on Fort Jackson have a wide range of intramural sports to hone their competitive skills.

For the past five years, Cindi Keene has been responsible for making sure they all run smoothly.

While her official title is intramural sports director, Keene considers her work anything but a job.

"This job is probably the most fun job on the entire post," she said. "I love joking around with the Soldiers and seeing the sense of accomplishment on their faces when they win."

Commanders who have worked with Keene say that her passion for the sports program shines through in everything she does.

"Despite how hard she works, you could almost say that Cindi has never

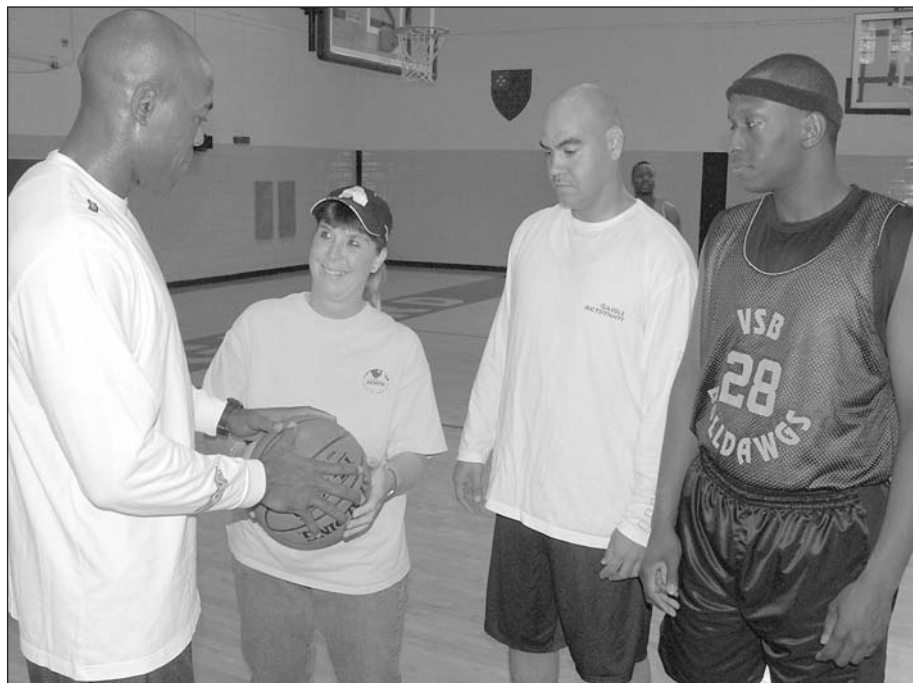


Photo by Mike A. Glasch

Intramural Sports Director Cindi Keene jokes around with members of the Victory Support Battalion basketball team before a game at Vanguard Gym Monday.

worked a day in her life because she enjoys her job so much," said Lt. Col. David Snodgrass, commander, 2nd Battalion, 39th Infantry Regiment. "It's evident in the way she interacts with everyone around her."

Since Keene has taken over the intramural sports program she has added new sports such as a strongman competition and built up the Commander's Cup Program — a yearlong competition between units.

But her work is not all fun and games. With the majority of the Soldiers partici-

pating in intramural sports being drill sergeants, Keene knows she is providing a much needed morale boost and stress reliever.

"In order to train those Soldiers every day, they need to have an outlet," Keene said. "If they don't have an outlet, how can they train the Soldier the way commanders want them to?"

Snodgrass agreed.

"She fully understands the tremendous impact that team sports can have on unit morale," he said. "The sports program here has had an inordinately positive influ-

ence and multiplier effect on our Soldiers.

"Her tireless efforts have helped to build camaraderie and foster teamwork on every unit on Fort Jackson. Cindi's greatest impact lies in her ability to influence intangible factors such as unit cohesion, pride, and teamwork. It is these intangible factors — things that you can't see, but that every Soldier feels — that make Fort Jackson such an outstanding duty station."

The commander of the 171st Infantry Brigade, Col. Robert Choppa agreed.

"Cindi Keene is as important to the morale, welfare, and recreation on Fort Jackson as our most senior leaders, resources and civilians," he said. "Her love of Soldiers, and her desire and appetite to care for Soldiers, has been essential to the Intramural Sports Program success."

Choppa and Snodgrass agreed that Keene's dedication, personality and desire to serve Soldiers make her one of Fort Jackson's more memorable individuals.

"Cindi is clearly one of the great personalities on Fort Jackson," Snodgrass said. "She brings great passion, boundless energy and an indefatigable spirit to the sports programs."

"Cindi is one of my favorites and she is awesome as an Intramural Sports Coordinator — the best I have seen in 25 years of service at 18 different installations," Choppa said. "She does it with a love for Soldiers, love for athletic competition and a love for our Army. Cindi is a treasure and is one of the Fort Jackson characters that I will miss as I leave command this summer."

Michael.Glasch@jackson.army.mil

COMMUNITY HIGHLIGHTS

This Week

Financial Readiness for Initial PCS

A class on financial readiness for Soldiers, who PCS for the first time will be held 8:30-10:30 a.m., March 20 at the Education Center, Room B302. For more information, call 751-5256/6325.

Flamingo Women's Support Group

The Flamingo women's support group will meet from 11:30 a.m. to 1 p.m., March 20 at the Strom Thurmond Building, Room 214. For more information, call 751-5256/6325.

Budget Development and Record Keeping

A class on developing a budget and on keeping records will be held 8:30-10:30 a.m. at the Education Center, Room B 303. For more information, call 751-5256/6325.

Home Buying

A class on home buying will be held 1:30-3:30 p.m., March 25 at the Education Center, Room B303. For more information, call 751-5256/6325.

EFMP Support Group

The Exceptional Family Member Program support group will meet 6-8 p.m., March 25 at the Youth Center. For more information, call 751-5256/6325.

Successful Interviewing

A class on successful interviewing will be held 9-11:30 a.m., March 26 at the Strom Thurmond Building, Room 213. For more information, call 751-6153/5452.

Levy Briefing

A Levy Briefing will be held 2:30-3:30 p.m., March 26 at the Strom Thurmond Building, Room 213. For more information, call 751-5256/6325.

Upcoming

Retirement Planning

A Retirement Planning class will be held 9-10 a.m., March 27 at the Education Center, Room B302. To register or for more information, call 751-5256/6325.

Babysitter Training

Babysitter training for 11-15 year olds will be offered by the American Red Cross 9 a.m., March 28. The cost is \$20. For

Love me



Photo Susanne Kappler

This 1-year-old female pinscher mix at the Fort Jackson Veterinary Clinic needs a home. For information on adoption, call 751-7160.

more information, call 751-4329.

ID Card Office Closure

The Fort Jackson ID Card Office will be closed March 31-April 2 for systems upgrades. The new upgrades will incorporate additional security software that will require applicants to submit two forms of identification when applying for an ID card. If service is required during the closure, contact: Naval Operations Center, 2620 Lee Road, 751-9251; 16th FW S.C. Army National Guard, Eastover, (803) 647-8205; or Shaw Air Force Base, 504 Shaw Dr., (803) 895-1596. For more information, call 751-6024.

Debt Management Class

A Debt Management and Credit class will be held 8:30-10:30 a.m., April 1 at the Education Center, Room B302. To register or for more information, call 751-5256/6325.

Creative Outlets for Stress

A Creative Outlets for Stress class will be held from 9 a.m. to 3 p.m., April 1 at the MG Robert B. Solomon Center. To register or for more information, call 751-5256.

Parents Who Care (Early Childhood)

A Parents Who Care (Early Childhood) meeting will be held from 9 a.m. to 2 p.m., April 1 at the Strom Thurmond Building, Room 229. To register or for more information call 751-5256/6325.

Newcomer's Orientation Brief

A Newcomer's Orientation Brief will

be held 9-11 a.m., April 2 at the Post Conference Room.

Parents Who Care (Adolescents)

A Parents Who Care (Early Childhood) meeting will be held from 10 a.m. to 2 p.m., April 1 at the Strom Thurmond Building, Room 229. To register or for more information call 751-5256/6325.

Mini Job Fair

A mini job fair will be held from 10 a.m. to 2 p.m., April 2 at the Education Center, third floor. For more information, call 751-5256.

Re-Entry Briefing

A Re-Entry Briefing will begin at 11 a.m., April 2 at the Post Conference Room.

Brown Bag Luncheon

A Brown Bag Luncheon will begin at noon, April 3 at the Post Conference Room. The topic will be "Benefits to Competition."

Soldier and Vets Charity Golf Tournament

A charity golf tournament will be held 11 a.m., April 4 at the Fort Jackson Golf Club Wildcat course. Funds raised benefit the volunteer programs at Dorn VA Medical Center and the American Red Cross at Fort Jackson.

For more information or to register, call 736-3110 extension 3481.

FRG Leadership Training

Family Readiness Group Leadership Training for fiscal year 2008 third quarter will be held from 9 a.m. to 4 p.m., April 9-10 at 3392 Magruder Ave. RSVP by April 4. Attendees must have appointment orders signed by their commander. For child care, call Child and Youth Services. For more information, call 751-7489 or e-mail Patricia.Guillory@jackson.army.mil.

Announcements

Thrift Shop Closure

The Fort Jackson Thrift Shop will be closed March 24-28 for Spring Break. It will reopen April 1, and the First Saturday Blowout Sale will be held April 5. Tables can be rented for \$5 to sell personal items.

Reporting Abuse

Every Soldier and member of the military community should report information about known and suspected cases of spouse or child abuse to the military police. The 24-hour report line is 751-3113.

New Initiative for Transitioning Soldiers

A new service, ACAP Express, allows

Prayer in song



Photo Mike A. Glasch

Miss South Carolina Crystal Garrett entertains the crowd at the National Prayer Breakfast Mar. 12 at the NCO Club. The commander of the 171st Infantry Brigade, Col. Robert Choppa, served as the guest speaker.

Soldiers to use the Internet to register for Army Career and Alumni Program services, schedule a wide range of classes and use online tools to create resumes and cover letters.

Soldiers can use their AKO login to use <https://www.acapexpress.army.mil>.

Coleman Gym Weight Room Closure

The weight room at Coleman Gym will be closed until Saturday to allow installation of a sport rubber impact floor. The weight rooms at Perez Fitness Center, Vanguard Gym and Andy's Fitness Center will be open.

Motorcycle Safety Training

To ride a motorcycle on Fort Jackson, Soldiers and civilians are required to take the Basic Rider Course. Soldiers also need to attend the training to ride a motorcycle off post. The BRC is a two-day course offered weekly.

The Safety Office also offers an optional Experienced Rider Course. All classes are free. Soldiers and civilian employees will not be charged pass or leave to attend. Training is available to retirees and family members on a space available basis. For more information, call 751-RIDE (7433).

Operation Tribute to Freedom

Operation Tribute to Freedom is the

DTS Deadline

All Reserve-component Soldiers on a mobilization or contingency operation for active-duty operational support orders are required to "self register" on the Defense Travel System by Tuesday. For more information or help, contact your organization defense travel administrator or a travel voucher point of contact or call 751-5956.

COMMUNITY HIGHLIGHTS

Givers of life



Photo by Mike A. Glasch

Red Cross volunteers were honored Mar. 13 during a luncheon at the NCO Club. Among those recognized for long-term service were (from left) Nancy King (65 years), Patricia Kirby (40 years) and Jose Cordova (10 years). Cordova was also recognized for donating more than 100 pints of blood.

Army's program to honor Soldiers and give them opportunities to share their stories with the American public. OTF is seeking Soldiers, who were deployed in Operations Iraqi Freedom and Enduring Freedom and meet one of the following criteria:

- Soldiers who have recently returned from extended deployments.
- Soldiers who have occupations in engineering, medical or technical fields.
- Female Soldiers who are willing to participate in upcoming Women's History Month Celebrations.
- Soldiers who participate heavily in alternative sports, such as skateboarding, wakeboarding or BMX.

For more information, call 751-1742.

Requests for Welfare Donations

The Thrift Shop is accepting requests for welfare donations. All requests must be received by April 1.

Any request must include the reason for need/welfare; the organization requesting the donation with a point of contact; phone number and address; description of how the donation will be used; description of how organization serves the greater Fort Jackson community. Send requests to: Fort Jackson Thrift Shop, Attn: Welfare Chairperson, P.O. Box 10094, Fort Jackson, SC 29207. For more information, call 787-2153.

ROA Offers Scholarships

The Reserve Officers Association offers \$500 merit-based scholarships for undergraduate and graduate study at accredited colleges and universities. Undergraduate scholarships are available to children and grandchildren of ROA members; graduate scholarships are avail-

able to ROA members.

Application deadline for the 2008-2009 school year is April 10. ROA membership and scholarship applications are available online at <http://www.roa.org>.

For more information, e-mail grallen@comcast.net.

Job Skills Training

The Army Community Service's Employment Readiness Office offers free training sessions on basic computer and Internet skills, Microsoft Word, Excel, PowerPoint, Access, Mavis Beacon typing tutorial, interviewing and more. For information on registering, call 751-5452.

Extreme Makeover: Home Edition

The producers of ABC's "Extreme Makeover: Home Edition" are looking for "real heroes," whose homes are in need of a makeover. The deadline for nominations is today.

For more information on eligibility and on how to nominate, visit <http://abc.com/p/rimetime/xtremehome/index?pn=apply>.

School

Adopt-a-School

Adopt-a-School is a program that encourages Soldiers to volunteer in local schools. Units or individual Soldiers may complete volunteer activities at schools on a one-time or a regular basis, with supervisor approval for use of mission time. High performing units will earn awards quarterly. For more information, visit online at http://fortjacksonmwr.com/school_liaison, call 751-6150 or e-mail ruth.russell@jackson.army.mil.

Recurring Meetings

Weekly

Walking Away Stress meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

Play Group A play group will be held 10-11:30 a.m., Mondays at 5953C Parker Lane. For information, call 751-5256/6325.

Range Control Briefing is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

Civil Air Patrol meets at 7 p.m., Mondays at Owens Field and 7 p.m., Tuesdays at Columbia Metropolitan Airport. For more information, e-mail cc@scwg.cap.gov or visit online at www.scwg.cap.gov.

Helping Everyone Reach Optimum Strength meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

Medical Board Office is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail pwoejackson@yahoo.com.

Overseas Travel Clinic is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

Military Widows/Widowers Association meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

Monthly

Seabees meet at 7 p.m., the second Monday of the month at the West Metro Chamber of Commerce and Visitors

Center. Call 755-7792, 736-0841 or 755-0300 for more information.

Fort Jackson Enlisted Spouses' Association meets at 6:30 p.m., the third Monday of each month at 5942E Thomas Court. For more information, call 665-4170 or e-mail esa2005ff@yahoo.com.

Sergeant Audie Murphy Club meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room, and is open to everyone.

Gastric Bypass Support Group meets at 6 p.m., the second Tuesday of the month in the Moncrief Army Community Hospital eighth floor day room. For more information, call 751-0392.

Disabled American Veterans meet 6 p.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 796-7122.

Fleet Reserve Association Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

"Victory Riders" Motorcycle Club meets at 5 p.m., the first and third Thursdays of the month at Magruder's Club. For information, e-mail sec@ffvictoryriders.com.

Society of American Military Engineers meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

Diabetes Support Group meets at 6 p.m., the last Thursday of the month in the Moncrief Army Community Hospital fourth floor dining facility. For information or to register, call 751-2501.

MEDPROS training will be held 1-4 p.m., the third Friday of the month, at Moncrief Army Community Hospital, Room 9-83. For more information or to register, e-mail Jaclynne.Smith@amedd.army.mil.

U.S. Navy Sea Cadets, for 11-18 year olds, meet the third weekend of the month. For information call 622-8707.

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to fjleader@jackson.army.mil.

HEALTH

Diabetes: Separating fact from urban legend

Carlla E. Jones
*U.S. Army Center for Health
Promotion and Preventive Medicine*

About a third of American adults with diabetes do not know that they have it. Diabetes causes serious health problems, including heart disease, stroke, blindness, kidney disease, gum disease and nerve damage. Diabetes can also cause serious problems with feet and legs, which can lead to amputations. Diabetes is a disease that affects how the body uses food for energy. People hear a lot of conflicting information about diabetes, including what causes it, how it is diagnosed and how it is managed. It is important to know the truth about diabetes and to separate myths from facts. **Myth:** Diabetes can only be inherited. **Fact:** Although diabetes does run in families, many people diagnosed with the disease have no close family members who have it. Lifestyle and other factors, such as certain viruses, may also increase the risk of developing the disease.

Myth: People know they have diabetes from symptoms like weight loss or increased thirst. **Fact:** A person with type 1 diabetes (usually seen in children and young adults) will have obvious symptoms, because insulin needed to process food for energy is missing. However, people with type 2 diabetes (which usually occurs later in life) or women with gestational diabetes (special diabetes, which only appears during pregnancy) may have few or no symptoms. Only a blood test can tell for sure if someone has diabetes. **Myth:** Drinking water will wash away the extra sugar in the blood and cure the diabetes. **Fact:** A high blood glucose level cannot be “washed away” by drinking water. However, diabetes can be controlled by eating healthy food, being physically active, controlling body weight, seeing a health care provider regularly, taking prescribed medications and consistently monitoring blood glucose levels.

Myth: Insulin is a cure for diabetes. **Fact:** At this point, there is no cure for diabetes. However, medications and lifestyle changes can help control it. **Myth:** People with diabetes can never eat any sugar. **Fact:** To control blood sugar, all sources of carbohydrates (such as bread, pasta and cereal) must be controlled. With careful planning, small amounts of sugar can replace other carbohydrates usually eaten at a meal. Too much sugar is bad for everyone — it provides only empty calories. Diabetes is a serious illness and people should talk to their health care provider during their next visit to find out if they are at risk or if they already have pre-diabetes. Then, everyone should take small steps toward the bigger reward of both a healthier lifestyle and diabetes prevention and control. March 25 is American Diabetes Alert Day. Sponsored by the American Diabetes

Association, the day is intended as a “wake-up call” to inform people about the seriousness of the disease and encourage them to get tested by their health care providers to see if they are at risk for developing diabetes. According to the American Diabetes Association, some people are not diagnosed with the disease until seven to 10 years after onset. Early diagnosis is critical to preventing complications such as heart disease, blindness, kidney disease, stroke and amputation. For more information about diabetes, visit <http://www.ndep.nih.gov/diabetes/prev/prevention.htm>; www.diabetes.org and <http://diabetes.niddk.nih.gov/>. Moncrief Army Community Hospital offers a diabetes support group, at 6 p.m., the last Thursday of the month. For more information or to register, call 751-2501. **Editor’s note:** *The U.S. Army Center for Health Promotion and Preventive Medicine is the Army’s public health organization.*

Colorectal cancer is preventable

Moncrief Army Community Hospital Staff Report

The President of the Untied States has proclaimed March as National Colorectal Cancer Awareness Month. He is encouraging all citizens to learn more about this disease, assist in prevention efforts and to recognize the importance of colorectal screenings. This year, more than 148,000 people will be diagnosed with colorectal cancer, and more than 56,000 people will die from this disease. Colorectal cancer is the second leading cause of cancer-related deaths in the United States, yet it is one of the most highly preventable forms of cancer. Early diagnosis is critical to survival. Research shows that 91 percent of patients who are diagnosed when colorectal cancer is localized survive for five years after diagnosis, yet only 37 percent of all diagnoses occur at this stage. The remaining 63 percent of

cases are not discovered until the disease has spread throughout the body. Because 75 percent of new cases occur in people with no known risk factors, regular colorectal cancer screenings are crucial to prevention. Even for an individual without symptoms, screenings are extremely important. For those older than 50 and for individuals with a family history of cancer, screenings should be scheduled on a regular basis. Many people avoid colorectal cancer screening because of fear or anxiety; however, it is important for all Americans to understand the importance of this routine procedure. Anyone who is 50 years or older and has not had a screening for colorectal cancer, should schedule an appointment to see his or her primary care provider to discuss the various screening options.

Adult Preventive Health Services

Recommended tests for adults

Test	Age	Frequency
Blood Pressure (Hypertension)	18 and older	Every office visit or yearly
Cholesterol (Hyperlipidemia)	35 and older	Every five years if levels are normal
Mammogram (Breast cancer)	40 and older (women)	Every year
Pap Smear (Cervical cancer)	21 and older earlier if sexually active	Every one to three years
Chlamydia (Chllamydial infection)	25 or younger (women, if sexually active)	Yearly until age 26
Colonoscopy (Colon cancer)	50 and older	Every five to 10 years if normal
Stool Occult Blood (Colon cancer)	50 and older	Every year
Bone Mineral Density (Osteoporosis)	65 and older (women)	Periodically

National Social Work Month

In honor of National Social Work Month, the Department of Behavioral Health at MACH will hold a seminar today. It will feature speakers, ice-breakers, prizes, food, fun and fellowship. The seminar will be held from 9 a.m. to 4 p.m. at Bayonet Chapel.

Pharmacies open on Saturday

On-post pharmacies will now be open Saturdays for customer convenience. The main hospital pharmacy will be open from 7:30 a.m. to noon and the refill pharmacy will be open from 9 a.m. to noon. To refill a prescription: call toll-free (866) 489-0950; call 751-2250; or visit online at <http://www.moncrief.amedd.army.mil>.

Medical Records

Medical records are the property of the U.S. government and must be turned in at the Medical Records Station upon enrolling at MACH. Call 751-2471 for a copy of records.

TRICARE Prime

Beneficiaries enrolled in TRICARE Prime at MACH can schedule an appointment 24 hours a day, seven days a week at www.tricareonline.com or www.moncrief.amedd.army.mil. For more information call 751-2752.

Health Talks

To have a professional staff member from MEDDAC address a group on health care subjects or preventive medicine wellness check, call the health promotion coordinator at 751-5035 or the Department of Quality Management at 751-2501.

CHALKBOARD

Home schooling: a viable education alternative

Ruth Russell

School Liaison Officer

On Tuesdays about 11:30 a.m., the Fort Jackson Youth Center is hopping. No, school isn't out. School is in.

The Fort Jackson Home Schoolers are enjoying some social time with their lunch. Each week following lunch and social time, they are either working hard on their vocal skills or enjoying an active physical education class.

"I'm so excited about what we have here at Fort Jackson. The kids can play kickball and have a real PE class and even a choir," said Bethany Storlazzi, Fort Jackson Home-Schoolers leader. "Most home-schoolers don't get much of that."

Students have also shared field trips, art classes, a book club, and special events.

Home-schoolers are becoming more common these days — more than 2 million children are home-schooled nationwide. Yet there still is some mystery behind home schooling. Families home school for a host of reasons — religious, to get an education tailored to their child's ability, to build strong ties in their family or to prevent indoctrination of ideas they find disagreeable.

Military families have another reason to choose home-schooling. One Fort Jackson mom said, "With deployments and the current state of things, it is nice to put families first."

Storlazzi said home-schooling allows kids to have "quality family time when dad is home."

She also said that home schooling allowed her and her children to visit her husband when he was on temporary duty in Virginia. She was "not worried about missing school, because school went with us."

Jill Moody described the advantage of having "consistent standards." As students move from place to place, school doesn't have to change, the curriculum and requirements follow the child.

Home-schooling is not for everyone, but for those



Photo by Susanne Kappler

Fort Jackson's Home Schoolers meet each Tuesday at 11:30 a.m. for parents and children to socialize with other home-schoolers. During the meeting children have choir practice and physical education.

willing to put in the time and sacrifice, the benefits are worth it. Statistically, on average, home-schooled children perform better on standardized tests than their counterparts in public or private schools. Because students can progress at their own pace, almost 25 percent of home-schooled children are working one or more grades above their grade level. Of course there are exceptions in and out of schools, but for many children, home schooling is a positive option.

Eryn David, "couldn't justify them sitting in class," when she discovered her children were far ahead of their peers after a military move.

Recently a judge in California ruled that parents couldn't home school unless they were "credentialed" teachers. Imagine, Bill Gates would not be qualified to teach math to a sixth grader in California. George Washington would have been unhappy to hear about that law since he was home-schooled. In fact, every face on

Mount Rushmore was home-schooled. Some home-schoolers like to consider it the national monument to home schooling.

Home-schoolers have had to fight for the right to teach at home for years and will likely continue the fight in California. The Home School Legal Defense Association is an organization, which assists families who home school with understanding and navigating the laws pertaining to home schooling. Laws vary from state to state and home schooling military families would be wise to visit the HSLDA Web site at www.hslda.org for local regulations before relocating.

Families can also contact the local school liaison officer by phone at 751-6150 or by e-mail at ruth.c.russell@us.army.mil for more information.

Choosing to home school is a big decision and should not be made lightly or in haste. If considering home schooling, do some homework first. There are many ways to home school. Some families use centralized curriculum services to help monitor and keep track of progress. These can be especially helpful for families who work best with some incentive to stay on track.

Many home-schoolers have begun to use online classes to supplement subjects like higher level math. Unit teaching allows a child to pursue a topic they are interested in, while still getting in all the core subjects. For example, a child interested in the Titanic can study math by figuring the volume of the ship or graphing the passengers into categories, English by writing a story about the sinking, science by reading about icebergs or performing an experiment on flotation, and history by creating a timeline of important events during the same time.

There are many different ways to home school. Each family finds the method that "fits" their children best.

Home-schoolers who want to join Fort Jackson's group, can call 419-0760. South Carolina regulations and home-school groups can be found on the SLO Web site at fortjacksonmwr.com/school_liaison/.

Fort Jackson Schools

Spring Break is March 21-28.

Deadline for all students to receive the **Hepatitis A immunization** is April 7. The vaccine is available at the Moncrief Army Community Hospital Immunization Clinic 7:30-11:30 a.m. and 1-3:30 p.m., Monday through Friday.

A **school board meeting** will be held 4:30 p.m., Monday at Pierce Terrace Elementary School. Parents welcome.

Richland District Two

Spring Break is March 21-28.

A **school board meeting** will be held 7:30 p.m., April 8 at the District Office. Parents welcome.

Richland District One

Spring Break is March 21-28.

A **school board meeting** will be held at 7 p.m., April 8 at the Heyward Career and Technology Center. Parents welcome.

Fort Jackson Homeschoolers

A get-together for home-schoolers will be held at 11 a.m., Tuesdays for various activities. For more information, call 419-0760.

Scholarships

Space Camp scholarships are available for military children in sixth through ninth grades. Applications are due by Tuesday. Details and applications available online at: www.militarychild.org/SpaceCamp.asp.

Services

Educational and Developmental Intervention Services (EDIS) is a voluntary program that provides early intervention services in the home or day care. Parents with a concern about their infant or toddler's development in cognitive, adaptive, social-emotional, motor or communication skills, should call the referral line for a free developmental screening at 751-4165 (on post) or 576-2990 (off post).

Freebies

Free **summer camp** for children of deployed or in-



jured Soldiers. Applications are now being accepted. For more information, visit www.nmfa.org.

Free **interactive video SAT/ACT prep course** for military dependents.

Visit online at sat.eknowledge.com/military.asp for more information.

Editor's Note: For more information on Army School Liaison Services, call 751-6150 or e-mail Ruth.Russell@jackson.army.mil.

The gift of eternal life

Chaplain (Maj.) Bill Harrison
U.S. Army Chaplain Center and School

I had an AIT Soldier in my office for counseling this week, who was asking some very perceptive questions.

“How can we know what will happen to us after we die?” “Is there more to life than merely living for the moment?”

He is very aware that within a matter of months he could very likely be standing on point for our nation in Afghanistan or in Iraq. I encouraged him that these are great questions to be asking and tried to convey to him how pleased our creator God is with us when we pause to think deeply about the issues that truly matter.

The Bible is very clear on this point — Christ came to help us settle these matters and to bring us peace and assurance about our destiny. By following his plan and by making our peace with God, we can know the answers to life’s biggest questions.

“I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life” (1 John 5:13).

As we prepare to celebrate Easter this week, we will remember the story of the two thieves on the cross. Both of them were guilty as charged, and hanging next to an innocent man — the Son of God.

One mocked and ridiculed the Savior; rejecting him up until the bitter end. The other reached out to the Savior and accepted his gift of salvation just before it was too late.

In his final act of forgiveness on earth, Jesus turned to the repentant thief and promised him, “Today you will be with me in paradise!”

I know of one Soldier at Fort Jackson who just received that same promise of security from that same Savior this week.

Do you know that you have the gift of eternal life?



PWOC Spring Retreat

Protestant Women of the Chapel will hold a spring retreat April 18-19 at Weston Lake Recreational Center. Registration is required by today. For more information and to register, call 233-6809 or e-mail leyr@hotmail.com.

Holy Week Chapel Services

Protestant	
■ Today	
noon	Main Post Chapel
■ Friday	
noon	Main Post Chapel
■ Sunday	
8 a.m.	Hispanic, Bayonet Chapel
9:30 a.m.	Main Post Chapel
10 a.m.	Daniel Circle Chapel
11 a.m.	Memorial Chapel
11 a.m.	Chapel Next, U.S. Army Chaplain Center and School
Lutheran/Episcopalian	
■ Sunday	
8 a.m.	Memorial Chapel
Islamic	
■ Friday	
12:30 p.m.	Jumah Services, Main Post Chapel
■ Sunday	
8 a.m.	Main Post Chapel
Church of Christ	
■ Sunday	
11:30 a.m.	Anderson Chapel
Catholic	
■ Today	
7 p.m.	Main Post Chapel
■ Friday	
7 p.m.	Main Post Chapel
■ Saturday	
8:30 p.m.	Easter Vigil Mass, Main Post Chapel
■ Sunday	
8 a.m.	MG Robert B. Solomon Center
11 a.m.	Main Post Chapel
Jewish	
■ Sunday	
9:30 a.m.	Memorial Chapel
Latter Day Saints	
■ Sunday	
9:30 a.m.	Anderson St. Chapel
Special Services	
■ Sunday	
6:30 a.m.	Sunrise Service, Hilton Field
Addresses, phone numbers	
Daniel Circle Chapel — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216	
Main Post Chapel — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469	
Bayonet Chapel — 9476 Kemper St., 751-4542	
Family Life Chaplain - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780	
Anderson St. Chapel — 2335 Anderson St., Corner of Jackson Blvd., 751-7032	
Education Center — 4581 Scales Ave.	
Magruder Chapel — 4360 Magruder Ave., 751-3883	
120th Rec. Bn. Chapel — 1895 Washington St., 751-5086	
Memorial Chapel — 4470 Jackson Blvd., 751-7324	



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Greg Vibber
Director, Emergency Services/Provost Marshal

Sgt. Maj. Allen Taylor Jr.
Provost Sergeant Major

Billy Forrester
Fire Chief

Cases of the Week

A Soldier was arrested in connection with the **theft** of two pills from another Soldier’s pill bottle at Moncrief Army Community Hospital. The Soldier was taken to PMO, processed and released to his unit.

A Soldier contacted PMO to report that his quarters on post had been **burglarized**. Jewelry and 300 DVDs were reported stolen. In addition, the interior of the home was vandalized. A laptop computer and several items of clothing were thrown outside and damaged by rain.

A **fight** between two Soldiers was reported to authorities. According to Military Police, the Soldiers got into an argument, which turned physical when one Soldier struck the other with the butt stock of a rifle. The Soldier who was struck was taken to MACH, the other Soldier was taken to PMO for processing.

Tip of the Week

Identity theft is a serious crime, but can be prevented.

When shopping online, be certain to disclose personal information only on a secured site. Never give out personal information, such as Social Security numbers or bank information, over the phone. Carefully check bank statements and other financial information regularly.

Obtain copies of credit reports frequently so that any problems may be addressed promptly. Do not share PIN numbers with anyone. Shred discarded mail.

Anyone involved in any kind of police action should keep a copy of the police report.

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

FORCE PROTECTION THOUGHT OF THE WEEK SECURITY THREAT ALERT!!!!

*****Recent reporting indicates that individuals are operating vehicles which are used to conduct mapping surveillance and "street-view" photography of military installations for software programs of identified companies. It has also been reported that military/civilian dependents are being targeted and hired for easy access to complete this task. This has not been coordinated and/or approved by the Department of Defense.*****



DHR

Inhalant abuse poses serious risk to adolescents

U.S. Consumer Product Safety
Commission

Q What is inhalant abuse?

A Inhalant abuse is the deliberate inhaling or sniffing of common products found in homes and schools to obtain a “high.”

Q What are the effects of inhalant abuse?

A “Sniffing” can cause sickness and death. For example, victims may become nauseated, forgetful and unable to see things clearly. Victims may lose control of their body, including the use of arms and legs. These effects can last 15 to 45 minutes after sniffing.

In addition, sniffing can severely damage many parts of the body, including the brain, heart, liver and kidneys.

Even worse, victims can die suddenly — without any warning. “Sudden sniffing death” can occur during or right after sniffing. The heart begins to overwork, beating rapidly but unevenly, which can lead to cardiac arrest. Even first-time abusers have been known to die from sniffing inhalants.

Q What products are abused?

A Inhalants are as close as any person’s kitchen sink. Ordinary house-

hold products, which can be safely used for legitimate purposes, can be problematic in the hands of an inhalant abuser.

The following categories of products are reportedly abused: glues/adhesives, nail polish remover, marking pens, paint thinner, spray paint, butane lighter fluid, gasoline, propane gas, typewriter correction fluid, household cleaners, cooking sprays, deodorants, fabric protectors, whipping cream aerosols, computer cleaning fluid, air freshener, nitrous oxide, degreasers, shoe polish and air conditioning coolants.

Q What indicates if someone is an inhalant abuser?

A If someone is an inhalant abuser, some or all these symptoms may be evident:

- Unusual breath odor or chemical odor on clothing.
- Slurred or disoriented speech.
- Drunken, dazed or dizzy appearance.
- Signs of paint or other products where they wouldn’t normally be, such as on the face or fingers.
- Red or runny eyes or nose.
- Spots or sores around the mouth.
- Nausea or loss of appetite.

Chronic inhalant abusers may exhibit such symptoms as anxiety, excitability, irritability or restlessness.

Q What could be other telltale behaviors of inhalant abuse?

ASAP Calendar of Events

Unit Prevention Leader training will be held from 7:30 a.m. to 4:30 p.m., March 26-28 at 3250 Sumter Ave.

It is required training for newly assigned unit prevention leaders and includes training on drugs and alcohol, biochemical testing and substance abuse prevention. Seating is limited, and the duty uniform is required.

Please do not schedule appointments during class time.

The Army Substance Abuse

Program provides prevention/education to the community on topics pertaining to alcohol and other drug usage.

ASAP maintains a wide selection of pamphlets and videos that can be used to get a further understanding of the dynamics of substance abuse and use.

ASAP staff is available to give presentations on alcohol and drug abuse.

For questions about classes offered or about substance abuse, call 751-5007.

sented by both sexes and all socio-economic groups. It is not unusual to see elementary and middle-school age youths involved with inhalant abuse.

Q What can be done to prevent inhalant abuse?

A One of the most important steps to take is to talk with children about not experimenting with inhalants.

In addition, it is advised to talk with the children’s teachers, guidance counselors and coaches.

By discussing this problem openly and stressing the devastating consequences of inhalant abuse, everyone can help prevent a tragedy.

A Other signs of inhalant abuse include:

- Sitting with a pen or marker near the nose.
- Constantly smelling clothing sleeves.
- Showing paint or stain marks on the face, fingers or clothing.
- Hiding rags, clothes or empty containers of the potentially abused products in closets and other places.

Q What is a typical profile of an inhalant abuser?

A There is no typical profile of an inhalant abuser. Victims are repre-

LEGAL

Every patient benefits from health care POAs

Part 2 of 2: Allowing agent to act on patient's behalf ensures wishes are honored

Capt. Richard L. Donaldson
Legal Assistance Attorney

Health care power of attorney

If a patient becomes unable to make decisions concerning his or her medical treatment, another person, called an "agent," may make such decisions for the patient. This person should know the patient's desires concerning medical treatment to be able to act on behalf of the patient. If no arrangements are made for medical directives and a patient becomes incapacitated, the court may appoint a guardian. Signing advanced medical directives does not take away a patient's right to decide on treatment, if he or she is able to do so.

A health care power of attorney is a special kind of durable power of attorney. Someone is appointed to make health care decisions for a patient, including, if specified, the decision to refuse life-sustaining treatment. The HCPA can be used to make decisions about things like nursing homes, surgeries and artificial feeding.

Obviously, decisions so important should be discussed in advance with the agent, who should be a spouse, child or close friend. It is important to talk about various con-

tingencies that might arise and what he or she should do in each case.

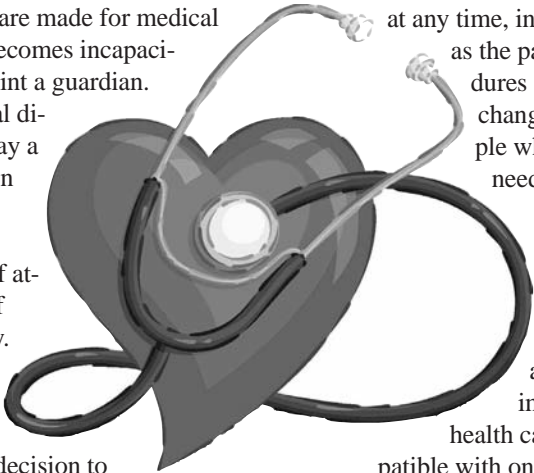
A copy of the HCPA should be put in the patient's medical records. Because it is so much more flexible than a living will, the HCPA is a very useful document, which could save patients and families much anxiety, grief and money.

An HCPA (or a living will) can be revised or revoked at any time, including during a terminal illness, as long as the patient is competent and follows the procedures set out in his or her state's law. When changing or revoking either document, the people who have copies of the original document need to be notified, preferably in writing.

Everyone should discuss wishes and beliefs concerning medical treatment with his or her doctor and family. Copies of advance directives should be made for the doctor's files, for the agent, family and, if applicable, the health care facility. It is also important to discuss the policies of one's health care provider and to be sure they are compatible with one's own beliefs and that they ensure one's wishes will be honored.

It is a good idea to consult with an attorney before the execution of any of these documents.

The Fort Jackson Legal Assistance Office provides legal services, including powers of attorney, living wills, and health care powers of attorney. These services are



Operation Hours

Fort Jackson's Legal Assistance Office is located in the Office of the Staff Judge Advocate, 9475 Kershaw Road, and is open from 9 a.m. to 4 p.m., Mondays through Thursdays. Appointments can be made by calling 751-4287.

The office accepts walk-ins for living wills, health care powers of attorney and durable powers of attorney, 1:30-3:30 p.m. Tuesdays and Thursdays.

Walk-ins are welcome for general legal questions and are accepted 9-11 a.m., Thursdays.

available through an appointment with a legal assistance attorney, or on a walk-in basis 1:30-4 p.m. Tuesdays and Thursdays.

April 16 is National Health Care Directives Day. On this day, the Fort Jackson Legal Assistance Office will be providing walk-in power of attorney, living will, and health care power of attorney services all day during normal business hours, from 9 a.m. to 4 p.m.

The Fort Jackson Legal Assistance Office is located at 9475 Kershaw Road. For more information, call the Legal Assistance Office at 751-4287.

Editor's note: This article is the second part of a two-part series on health care directives. Part one was published in last week's Leader and discussed "powers of attorney" and "living wills."

SPORTS/FITNESS

Olympian *(continued from Page 1)*

mates in 2006, I felt a part of their success,” he said. “I’ve taken that and brought it here with me. I tell my fellow Soldiers, ‘If you believe in your team, you feel a part of whatever they accomplish.’”

McCants said it is that type of leadership that shows the impact Olsen has on his fellow Soldiers.

“At times, I forget that he is a Soldier in training because of his ability to communicate with his peers and superiors,” McCants said. “I’ve seen him defuse confrontations within this company that sometimes take place between battle buddies. I didn’t need to interject, because Olsen has the ability to say the right thing at the right time to get his battle buddies to do what he knows must be done.”

Olsen, 24, has his sights set on the 2010 Olympics in Vancouver, Canada. In a sport where the peak age for athletes is 32, Olsen is counting on what he learns in uniform to take him to the medal stand.

“Seeing battle buddies push themselves beyond what they thought they were capable of inspires me when I am training for the biathlon. It makes me push myself that much harder,” Olsen said. “The cadre has helped me with motivation as well. When I’m alone on the ski trails I can hear them in my mind when I train.

“That motivation along with the discipline inspired by the Soldier’s Creed, especially the lines, ‘I am an American Soldier, I will never quit,’ require a type of discipline that complements the discipline I need as an athlete.”

Michael.Glasch@jackson.army.mil



Photo by Mike A. Glasch

Spc. Brian Olsen, Company E, 369th Adjutant General Battalion, gets ready to do pullups during company physical training. Olsen, a member of the 2006 U.S. Olympic Biathlon team, is an Advanced Individual Training Soldier attending the human resources specialist course.

Post intramural basketball standings*

Monday/Wednesday League

SCARNG	12-2
3-13	11-2
245th	7-6
187th	6-6
2-39	5-8
MPs	4-7
175th	3-8
MEDDAC	3-11



Tuesday/Thursday League

Post Laundry	12-1
Niteflyte	11-4
1-13	9-4
VSB	6-7
TFM	6-6
120th	5-8
SSI	5-8
742nd Maint.	4-9
2-13	0-12

* Standings as of March 18.

Sports Briefs

Volleyball

Letters of intent for intramural and recreation volleyball are due to the Sports Office by Tuesday. Season begins the second or third week of April. For more information, call 751-3096.

Olympic Skills Competition

The Boys and Girls Club of Fort Jackson is hosting an Olympic Skills Competition March 27-28. Basketball will be held 10 a.m., March 27, while tennis begins at 1 p.m. Soccer will be held at 10 a.m., March 28, while Track and Field would begin at 1 p.m. All events take place at the Youth Center. Parents must sign a release for youth to participate. For more information, call 751-5040.

Ultimate Frisbee

Letters of intent for ultimate frisbee are due to the Sports Office by March 26. Each team may have up to 12 members. There will be a military competition April 7-9 and a tournament April 12-13. For more information, call 751-3096.

Golf

Captain’s meeting for intramural and recreation golf will be held 5 p.m., March 27 at the Golf Course Club House. For more information, call 751-3096.

Triathlon

The swim portion of the triathlon will be held 6 p.m., April 17 at Knight Pool. Swim times are due April 10. The track meet — running events only and for active-duty Soldiers — will be held April 26. For more information, call 751-3096.

***For youth sports,
call 751-5610/5040;
For golf information,
call 787-4437/4344;
For sports information,
call 751-3096.***

Need Volunteer Coaches

Volunteer coaches for youth sports are needed. Experience is desired, but not mandatory. Volunteers get the “coaches discount,” when their own children also play sports — 100 percent for the first child; 50 percent for each additional child. For more information or to volunteer, call 751-5040.

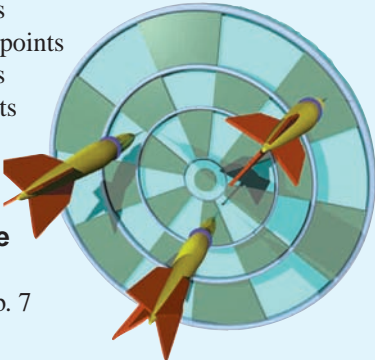
2008 Intramural and Recreation Darts Standings

Results of March 13 event

Sharp Shooters — 28 points
MEDDAC — 16 points
3-13 — 16 points (BYE March 13)
1st CivDiv — 16 points
2-13 — 13 points
No Mercy — 13 points
1-34 — 13 points
187th — 13 points
TSB — 12 points

Forfeits to date

TSB — Jan. 31
No Mercy — Feb. 7
2-13 — Feb. 14



CLASSIFIEDS

100 Announcements

For Rent: Beautiful covered space for motor home, camping trailer or 12' wide mobile home. It has a 12x50 covered porch. Very private w/lots of shade trees. Not a mobile home park. 15 minutes from Fort Jackson. Call 735-0657.

Notice for Bid Youth Gymnastics Instructor Fort Jackson Child and Youth Services is soliciting for the following service: Gymnastics Instructor for Child and Youth Services SKIES Program. Interested parties should contact Amber Sasso at 270-798-6891 by 28 March 2008 for further information.

The FRA (Fleet Reserve Association) Branch and Unit 202 meets monthly at the Naval Reserve Center, 2620 Lee Rd., Fort Jackson at 1:00 p.m. the 3rd Tuesday of each month. Ladies Auxiliary meets at same time. Ron or Fran, 803-482-4456.

United States Submarine Veterans, Inc. will meet the 3rd Tuesday of every month at 1900. Meetings will be held at The Crab Shack, in the Old Mill Building on US 1, 711 E. Main Street. Contact Ron Friend, 803-786-5757.

VA HOME LOANS: 100% Financing Available. You are qualified to purchase or refinance if you served in a war zone or been in the military or reserves for two years. Call Julie Cooper at Palmetto Home Mortgage Group in Columbia at 217-0912, toll free, 1-866-554-1001 or cell phone (803) 528-1394.

VFW Post 641, 534 S. Beltline Blvd., Columbia, is sponsoring our monthly Friendship Karaoke Birthday Dinner March 29 at 7:00 p.m.. R&L Backyard Karaoke. All veterans, families and friends are always welcome. 803-782-5943.

101 Child Care

Head of the Class Academy has full-time openings for children 6 wks.-5 yrs. Come join us and have fun while you learn. Developmental age appropriate activities and nutritious meals. We provide an affordable, safe, nurturing, and caring environment. Call 783-8929.

Registered Day Care Home for 15 years. Part time morning hours and overnight care available. NE Area. Call 699-5710.

The Potter's Early Learning Center, 1941 Decker Blvd./787-0902 NOW ENROLLING. Operational Hours 5a.m.-6p.m. Promotional Rates. Limited Time/Limited Space. 6 weeks-24 month, \$105 weekly. 25 months-36 months, \$100 weekly. 3 years-5 years, \$90 weekly. Registration fee required. Promotional rates expire June 6, 2008. Prices not available w/any other coupons or discounts.

108 Roommate Wanted

Roommate wanted in Columbia, 10 min. from USC: 3 Bedrooms, 2 Baths, 1/2 acre fenced-in yard. Own Room, Own Bath. \$500 per month. Call 803-466-1520 for more details.

Senior Citizen has Room for rent in the Northeast Area. \$400/month plus share utilities. Kitchen and laundry available to share. Telephone and cable provided. For more information call 803-708-2171.

Upstairs for rent: Large Bedroom, private bath and den with TV. Rent \$450 per month plus security deposit. Share utilities and kitchen. Non-smoker. No pets. Available April 1st. Call Barbara, 803-665-5088.

200 Help Wanted

Experienced Barbers/Stylists needed immediately. Competitive salary. Crew Cuts, 4435 Hardscrabble Rd., across from Sonic. Call (803) 673-2661.

Hearing/Audiology Technician FT with benefits to work in a busy Columbia ENT Office. Experience helpful. Must be a self-motivated person with excellent time management skills. Able to accommodate all ages of patients. Organized, dependable and good administrative qualities. Please fax resume to Audiology Dept., 803-799-4624.

300 Services

Do you need professional lawn service? Then call Mr."B" at 803-413-7725. Great rates/free estimates.

500 Pets

AKC Boxer Puppies. Taking deposits now. Ready March 17. Parents on site. Dewormed and DA2PPV @ 6 and 8 weeks. 2 Brindle Males, \$400. 3 Brindle Females/1 Fawn Male, \$425. 1 Fawn Female, \$450. Call (319) 594-3839 or (515) 991-8802.

AKC German Shepherd pups, male and females, 6 weeks old and dewormed. German bloodline, big boned, \$350. Call 803-609-5728.

American Pit Bull Puppies for sale! These are purebred blue pit bulls. We have two females and one male. Puppies are 4 weeks old and very healthy. Both parents are UKC registered. Please call 803-727-0918.

Energetic Female JR Terrier, 8 months, all shots up to date, \$200. Moving out of state. Igloo house and crate for sale, too. Make offer. 803-553-7866
German Shepherd/Lab mix, 2 years old. FREE to Good Home. Spayed, HomeAgain chipped, up to date shots and house trained. Friendly and great with kids. Please call 931-801-7090.

500 Pets

Large Dog Igloo House, never used. New \$105, asking \$75. 803-794-0407 or 803-318-7148.

Schnauzer Puppies: AKC Bloodline. Blonde, silver and black. Shots and dewormed. Super intelligent, full of personality. For more information call Josie, 803-786-5000.

Siberian Husky Puppies, CKC Reg., red-white. Blue eyes. Asking \$350. Call Brigitte, 865-2698.

600 Appliances

3 Ton Tempstar AC, works good. \$175. Call 803-427-3534

Bosch Island/under counter dishwasher, stainless steel inside/out, 2 yrs. old, \$600. White Bosch Intelligent Refrigerator, 2 yrs. old. Call to view or offer price, 803-565-0363.

Gas/Electric Dryer, great condition, \$75. Call 586-1612

Kenmore 19.2 cu.ft. Upright Freezer, Power miser. Rated as "Kenmore Premium Quality". Almond color, 4 shelves, 4 door shelves and storage basket. Excellent condition, ready to pick up, \$220. Call Norm, 776-3689, Columbia.

Kenmore Upright Freezer, Model# 253.9269010, \$150 OBO. Call Chris, 803-338-3064.

Moving In Sale: Tag sale, Saturday, 8 Mar, 0800, 112 Belleclave Rd. Changing out Kitchen Appliances: 5 month old top-of-the-line Sears Kenmore Dishwasher (warranty included). 2 year old KitchenAid slide-in stove w/microwave. 2 year old 6-8 person Hot Tub. 699-0224.

Washer and Dryer for sale. Washer is "Heavy Duty, Super Capacity" Frigidaire Gallery and Dryer is by Hotpoint. Both work. \$150 for both. 803-374-0454

White Kitchen Appliances 4 Sale, less than 5 years old: Kenmore Elite 26" Side-by-Side Fridge. Kenmore Ultra-bake, self-cleaning, super capacity smooth top range. Kenmore Ultra Wash Dishwasher, \$800 OBO. All manuals included. Contact Sharon R. Blake @ 803-397-7779.

601 Electronics

20" Sharp TV, 2 years old, excellent condition, \$80 OBO. Call Liz, 813-943-2775.

27" Sony TV, \$185 OBO, (new \$550). Excellent condition and picture quality. Numerous component hookups in rear. Frontal component hookup-video in. Cable and Satellite ready. Custom stand included (\$140). Call Jim Bazemore, 736-2155 9a.m.-9p.m.

601 Electronics

32" Sony TV, \$215 OBO, (New \$1200). Excellent condition and picture quality. Dual tuner w/picture-in-picture. Surround capable sound. Frontal component hookup for video in, numerous component hookups in rear. Cable and/or Satellite ready. Custom stand included (\$140). Call Jim, 736-2155, 9a.m.-9p.m.

Dell Computer monitor, \$20 OBO. Gateway Computer monitor, \$10 OBO. Both for \$25. Call 803-447-3511

HP Photosmart 7760 Inkjet Printer, NIB, \$40. Hi-Back Computer (Manager) Chair, as new, \$50. DVD Recorder and VCR Recorder All-in-One machine, NIB, \$100. EPSON Stylus Photo R340 Inkjet Printer, NIB, \$40. Call Norm at 776-3689 in Columbia.

Kenwood KAC 7052 Car Stereo Amplifier, like new, max output 920W. \$250 OBO. Call 803-408-8667 or 706-773-7990 (c).

T-Mobile Sidekick III, 8 months old, great condition. I upgraded to Sidekick LX. Call 803-979-1283 before 9 p.m.

602 Furniture

3 Loft Beds, one stained and 2 not, \$200. Negotiable-less if you buy more. Great for small bedrooms or dorms. Email MelanieGG@aol.com for pictures.

7 piece Louis Phillippe Bedroom Set, \$895. Living and Dining Room Furniture, 50%-70% off retail. Financing Available. Can Deliver. Call 803-319-8043.

Antique Piano, \$100. Oak Curio Cabinet, \$70. Call 803-316-4821

Arm's Reach Original Co-Sleeper and Arm's Reach Mini Co-Sleeper, both in gently used condition. Mini Co-Sleeper retails for \$156 and Original retails for \$196. Asking \$100 for either. Please call Von for more information, 803-360-4929.

Ashley Furniture Entertainment Center, Matching TV Stand Free, like new, \$700 OBO. Must See. Call 865-1932, ask for Kyle. Can email pics!

Brand New Mattress Sets: Still in plastic, Queen set starting at \$180. King set, \$425. Full and twin sizes also available. Can Deliver. 803-319-8043.

Computer Desk for sale, \$35. Must have a large area to put it in. (H)803-699-9897 or (C)803-603-8310.

Dresser, 2 Sleeper Sofas, Brass King Bed Frame, TV Cabinet, TV and other items. Call 787-6350.

Futon Bed, dark wood and metal, \$60. 803-234-7569

Solid Oak 3 piece Sectional Wall Unit. Center unit with glass doors and lighted. Originally paid \$1600. Will sell for \$500 OBO. Call 803-603-3129.

602 Furniture

Green/Beige striped couch/sleeper with mattress and Green/Beige striped love seat, 2 end tables, 1 coffee table. Small wooden dinner table with 4 chairs. Please call for details or appointment to see items. (803) 319-4687.

Loveseat and sleeper sofa, large print, pastels on beige, extra zip-on covers for seat cushions, \$345. 803-695-0453.

Loveseat, good condition, \$35. White Formica kitchen table, very sturdy, \$25. Multi-media cabinet (used for VHS) with doors, \$20. Wooden (mahogany?) vanity stool with storage in bench, \$35. All OBO. Call 803-233-1428, evenings best. Please leave message.

Loveseat, sofa and glass table, light gray/blue, good condition, \$165. 803-309-8972.

New Ralph Lauren brown leather sofa, \$2100. 70% off retail. Moving, Must Sell. Must See. Beautiful. Call 803-477-1002

603 Miscellaneous for Sale

05 John Deere Gator 4x2 TS. Like new with canopy cover, front bumper and brush guard. Less than 10 hrs. on motor. Polar HD trailer also available, \$5200. 803-794-0407 or 803-318-7148.

17" Chrome Rims: New tires and rims (less than 6 months of use). Came off my 04 Mustang. Paid \$1200, asking \$850. Call 803-979-1283. Have pics.

20 cu.ft. Polar HD Trailer for ATV or lawn tractor. New condition with tilt, swivel and dump features, \$300. 16' Open Trailer, double axle with electric brakes, excellent condition, rarely used, \$1500. 803-794-0407 or 803-318-7148.

2001 Eddie Bauer Expedition original chrome rims and tires P275/6017, 5 lug pattern. Excellent tread wear left, \$450 OBO. Call 803-408-8667 or 706-773-7990 (c).
21" Murray 4.5 HP Lawn Mower, rear bagging, starts on first pull, \$35. Black & Decker electric Leaf Blower/Vac (Leaf Hog), \$20. Call Chris, 803-338-3064

3 person Hot Tub, 110 or 220 volt. Steps and cover included, \$650. You move. 803-413-5725

5x10 Cargo Craft Enclosed Trailer, black, with ramp door and stone guard on the front, \$1750 OBO. Call 803-447-3511

"Bob the Builder" Tool Bench for child, like new, \$12. 803-374-0454.

Brand New Noritake Fine China, white with platinum outer ring, 8 piece set. Wedding gift-never used, \$250. Moving, Must Sell. Must See. Call 803-477-1002.

603 Miscellaneous for Sale

Cell Phones: Alltel LX Camera Phone, model # LX5450, \$25. Alltel LG model # VX3200, \$20. 803-427-3534.

Don Stivers Military Prints: various, including Buffalo Soldiers. Some framed, most not. Email rsarmy@aol.com for specific information and pricing, use subject of Stivers prints. Or call 803-233-1428, evenings best. Please leave message.

Four 16" Honda Wheels, 5 hole bolt pattern, will fit most late model Hondas, Toyotas and Nissans. Wheels have normal wear but are in very good condition. Will sell all four for \$200. Contact Mark at (803) 261-2811.

Hewlett Packard (HP) All-in-one Color LaserJet Printer, model 2840. Print, copy, scan and fax. Excellent condition and quality, fairly new. Asking \$400. Call Angela at 629-8091.

Image Fold-up Treadmill, only 2 years old, but rarely used. Paid \$250. Will sell for \$175. 699-9160.

Jack LaLanne's Power Juicer, never used. Still in box and original wrap. \$100 Firm. Call Donna, 955-9127.

Jogging Stroller by InStep, excellent condition, barely used, only 2 years old, \$40. (Costs over \$100 new). 803-374-0454.

King Cobra Golf Clubs, Graphite SS models. 4-SW w/60° Mizuno LW. Taylormade 580 driver w/8.5 loft, TM 360 3 wood, \$500. Like new Proform Crosswalk Treadmill, low miles, \$250. 803-565-0363

Kodak Easyshare Printer dock plus, accepts DX6000/7000 or LS600/700 series camera, w/3 extra ink cartridges, lots of photo paper. 803-565-0363.

Pickup Camper Top, fits short bed, fiberglass, sliding glass windows, good condition. Call 803-783-0451.

Rims with covers, originals, Toyota Camry, \$60 OBO. 803-234-7569.

Tickets for Sale: A 2 ticket package to the 2008 NCAA Division 1 Men's Basketball Championship, East Regional (Sweet Sixteen), Charlotte Bobcat Arena, Charlotte, NC, 27 and 29 March. Total cost \$284. Phone (803) 788-0718.

700 Retail for Rent

For Lease by Owner: One block off US#1, NE Columbia. 1 1/2 acre commercial space with small clean house. Could be used as home base or office with access to I-20, I-77 and US#1. Call 803-269-2523 (cell) or 803-788-7528 (Home).

701 Duplex for Rent

One side of duplex for rent. 910 sq.ft., 2BR, 2BA, washer/dryer hookups and wood burning fireplace. Close to Fort and Columbia Mall off Decker Blvd. \$575/mo. plus \$575 deposit. Ap. fee and credit check fee apply. William, 788-2644, M-F, 9:30-6:00.

702 Houses for Rent

10 minutes from Ft. Jackson: 2BR, 1BA, \$600/month and 3BR, 1 full and 2 half baths, \$950/month. Both have hardwoods, laundry room and appliances. Call J.T. at 803-348-6289.

15 minutes from F.J. Richland 2 Schools. 3BR/2BA, 2 car garage. 2.5 years old. Large open floorplan. \$1050 + deposit. Military Discount. Available immediately. Rent to own available. (800)620-1323 x301.

237 Tamara Way, Columbia, SC 29229. 3 Bedrooms, 2 Baths. Vaulted ceilings, new carpet and paint. 1 car garage, deck, spa. Great location near Sandhills. Contact Benita Clemons, 803-479-2231 or Kenneth Tisdale, 760-917-6231.

3 Bedroom House close to Fort Jackson. ALL EXPENSES INCLUDED. All utilities, cable, Internet and maid service included. \$695 per bedroom/person. Still have BAH left over! (800) 620-1323 x103.

3 Bedroom, 3 Bath spacious 1750 sq ft condo situated one row off arcadia lake. Safe pool, tennis \$975.00. Cable included. Military Discount. Call 803-787-9508

3116 Gadsden Street in Historic Earlewood, Columbia, only 7 miles from Post. 4 Bedrooms, 2 Baths, large garage for storage, fenced backyard. Cozy home with location close to USC, 5 Points and the Vista. \$1200/month. Call 803-767-3618.

3BR, 2BA in NE Columbia, Whitney Falls in The Summit. 2 car garage, refrigerator, washer/dryer. 1600 sq.ft. All Summit amenities. Minutes to Village at Sandhills, Richland 2 Schools. \$1050/month plus security deposit. Available Immediately. Call 803-234-4405.

3BR, 2BA with Bonus Room, large 2 car garage, fireplace, wrap-around deck on 1/2 acre, fenced yard. 1/4 mile from Ft. Jackson Gate 5. A Must See. Many upgrades. \$1100/month plus deposit. Call Rudy, 407-383-2731.

3BR/2 1/2BA, Fenced backyard, all appliances, NE Columbia, near Sandhills shopping, 15 minutes from F.J. Rental app. required. 1st unit \$775/month, 2nd unit \$825/month plus security deposit. Call Jody, 803-360-1558.

Quiet/safe country living, NE Columbia/Elgin area. 3BR/2BA home, newer subdivision w/fresh paint, carpet, wood floors. 20 minutes to Fort Jackson, 5 minutes to Village at Sandhills. No Pets. Non-smokers. All appliances. \$950/month, \$950/deposit. 1 yr. lease. Available now. Ryan, 270-272-3771.

702 Houses for Rent

Beautiful 2BR, 1BA Home: Large family room, working fireplace, eat-in kitchen, large backyard. 316 Greenlake Dr., Hopkins (Greenlake Subdivision), 8 miles from Fort Jackson, 8 miles from McCrady Training Center. \$650/mo. unfurnished, \$800/mo. furnished. Water/sewage included. Yvonne, 803-695-0207/Lisa, 803-795-5270.

Beautiful 3 Bedroom, 2 1/2 Bath Home with Community Pool and Park in Lexington 1 School District. Located in Martins Grove Subdivision off Park Rd. \$1250 per month plus \$1250 security deposit. Please call 803-240-2307 or 904-814-8210.

Beautiful all brick 5BR, 3.5BA in Lake Carolina available for rent. Available May 1st. \$1995 per month. Award-winning Richland 2 Schools. Will consider Lease to Own. Call 803-699-0998 or 770-310-4774.

Beautiful Home near Fort Jackson! 1300 sq. ft., 3 Bedrooms, 2 Baths. Northeast Columbia. Available Now! \$950 per month. Call (803)315-8524 for more information.

Behind Lexington Medical Center: 3 Bedrooms, 2 Baths, \$800/month. Trash and yard service included. Patio with privacy fence. Fireplace. Clubhouse, swimming pool. Great school district and close access to interstates, shopping, USC. Call 798-7292.

Cute, quiet rancher: 3BR, 2BA, fireplace, front porch. Fenced backyard w/shed. Near I-20 and Village at Sandhills shopping. Great Richland 2 School District. \$800/month. Call 803-788-2929, TNT Property Management.

Forest Acres: 3 Bedrooms, 1 Bath, Office. Big Privacy Fenced yard, screened porch. Gorgeous hardwood floors. Very convenient to Ft. Jackson. See it at www.ahrn.com keyword "mj1". Credit check required. Call 803-528-3863

Lease/Lease to Buy: Available 4/1. 1 Fountain Lake Place, Columbia. 3BR/2.5BA, 2 story house, 1870sq.ft., on large corner cul-de-sac lot. Nice neighborhood w/easy access to shopping, Hwy. 378, I-77/I-26. Richland One Schools. 10 min. from Fort. Call to view, 803-776-4380.

NE Columbia: 3BR, 2.5BA, 2110 sq.ft., 2 car garage, cul-de-sac, 1 year old, fireplace, balcony, patio, loft. Schools are Rice Creek, Kelly Mill and Ridgeview. Rice Creek Farms off Lee Rd., 421 Buttonbush Ct. \$1195/month. Jenny, 803-513-4936.

NE Side Home for Rent, \$1075. 3 Bedrooms, 2 1/2 Baths, 2 car garage, large fenced yard with inground pool. Available 1 April. 15 minutes from Fort Jackson. 612 Donar St. Call for a showing, 910-987-7289.

NE, Homes of Polo: 2 Bedroom, 2 Bath Patio Home on quiet cul-de-sac with fenced backyard. \$750 per month plus security deposit. Call 803-317-4734.

702 Houses for Rent

Near Ft. Jackson and VA: 3 Bedrooms, 2 Baths, Living Room, Dining Room, Family Room with fireplace, eat-in kitchen, 2 car garage, fenced backyard. \$975/month + security deposit. Call 803-227-9737

NEW CONSTRUCTION GATED COMMUNITY! Arcadia Lakes/Forest Acres: 3BR, 2.5BA, 1 car garage, ALL appliances, Garden Tub, walk-in closet, sprinkler. Free Yard Maintenance. Call Kris, 397-7011. \$1200. Deposit negotiable.

NEW TOWNHOME, 3BR, 2.5BA in LAKE CAROLINA. Available 1 April, 2008. Washer/Dryer included. Lawn care provided. NO PETS!. Lease w/option to buy available! One year lease \$1350/month. No Deposit w/qualifying credit score. Applications by email at mortgage.kenneth@gmail.com or call 803-699-8338.

Northeast Home in Lake Carolina/Harborside, 518 Long Pointe Lane. 3 Bedrooms, 2 1/2 Baths, front porch, fenced backyard. New Appliances. 20 minutes from Base. Ready to move-family relocation. \$1350 per month. Call (407) 860-1367 or 269-1524.

Patriot Park Home, 106 Whitley Lane: 3 Bedrooms, 2 Baths, 3 miles from the Fort Jackson side gate. Built in 2005. Background check and credit check required. \$800/month + utilities, \$800 deposit. Call 352-279-3705.

Patriots Park: 3 Bedrooms, 2 Baths, easy maintenance. Very convenient to Ft. Jackson. Richland II Schools. See it at www.ahrn.com keyword "mj2". Credit check required. Call 803-528-3863

Ready to occupy! 3 Bedrooms, 2.5 Baths in NE Columbia: 1280 sq.ft., 15 minutes to Fort. Richland 2 School District, near Sandhills Shopping. All appliances and blinds included. \$950 plus deposit. Call (803) 699-7137.

SE Columbia, minutes from Fort Jackson: Padgett Woods Subdivision. 3BR/2BA, LR, Kitchen combo, Stove, W/D connection, double driveway, large fenced-in backyard. \$750/month + deposit. Available 4/08. From Gate 5- Leesburg Rd. to Trotter (left) to Padgett (left @ yield). 803-240-6759, 803-788-3919

Single story house, 3 Bedrooms, 2 full baths, nice deck and porch, wood flooring and carpeting. Nice quiet neighborhood behind Shaw AFB and 25 miles to Ft. Jackson Army Base. Military clause. Call Lorna at 469-5454.

Southeast Area, 8 minutes from Post: 3BR, 2BA, bonus room, 2 car garage, fenced yard. Off Leesburg Rd. Rent \$1100. Available mid March. Call 360-7839.

Southeast: Beautiful Home Awaiting Family. 5 minutes from Ft. Jackson, Super Walmart and new shopping centers. 3 Bedrooms, 2 Baths and garage. Quiet neighborhood. \$950. Military discount \$925. Call 803-463-6513 for appointment.

702 Houses for Rent

West Columbia: 3BR, 2BA Home on .75 acre corner lot w/2 car garage and 24' above ground pool. Quiet neighborhood 1 mile from Wood Elementary School, 15 minutes from Fort Jackson. Small Pets OK. \$1100/month plus \$1100 security deposit. (803)781-6759.

703 Apartments for Rent

5516 Lakeshore Drive: Condo, 2BR, 2BA, Upstairs. Available now. \$765/month, \$600 security deposit. Kitchen, Living Room, Balcony. Appliances, Water/Sewer included. 5 minutes from Fort Jackson. Private Community. No Smokers, Pets or Waterbeds. Call 803-331-2605 or email ginagate@gmail.com

Condo for Rent: 2 Bedrooms, 1 1/2 Baths, up and down. Washer/Dryer Hookups, Pool. Point Arcadia on Decker Blvd. \$650 + water and sewer. 788-1914.

Forest Drive @ I-77. Quick walk to Ft. Jackson or drive to 5 Points/Downtown. Large, quiet, clean 1BR Apartment. Water, sewer, Wireless Internet, CH/AC, \$525. Pets? rentalsone@aol.com 803-799-7368. Virtual Tour: <http://midlandshomeshow.com/pa2/> YES, WE CAN DO FURNISHED AND SHORT TERM RENTALS.

Large 2BR, 2BA Condo close to Post, 5 min. from Gate 2. Only \$725/month. Wellesley Place Condos off Decker Blvd. and Ranch Rd. MUST SEE TO APPRECIATE. Call 954-296-4133 for more info.

Lovely 1500 square foot Condo, three bedrooms, two baths, located on a Lower Richland horse farm. Convenient to Fort Jackson. Available March 15th. Rent is only \$675 per month. For more information call 776-2074.

Newly Remodeled Loft Apartment: 1BR/2BA, Rosewood area. 10 minutes from Fort Jackson. Available April 1. Washer/Dryer included. Lawn care provided. NO PETS! One year lease, \$525/month. No deposit w/qualifying credit score. Non-smoker. Applications by email @ mortgage.kenneth@gmail.com or call (803)699-8338.

Studio room for rent in Private Building. Utilities included. Call for details, 803-728-7511 or 803-782-8617 after 4:00 p.m.

704 Mobile Homes for Rent

Mobile Home for rent, \$600 + deposit. Close to Fort Jackson. 803-553-9335. Private lot, Leesburg Rd., #4162 in back.

805 House for Sale

1667sq.ft. 3BR, 3BA, MonM, Award-Winning Lake Carolina Development. Minutes from Base. Top schools, shops and YMCA in Development. Amenities, fantastic Harborside Community. Call John Boozer, 803-917-6862. Email for details: RealEstate@JohnBoozer.com

2300 sq.ft. plus, 4 Bedrooms, 2 years old, NE Columbia, UPGRADED Home close to Fort Jackson, all for less than an E-6 BAH! Call Adrian, Asset Realty, (800) 620-1323 x204.

33 Acre Lake Front House for Sale or Rent to Own: Southeast Columbia, Richland County. Atlas Road and Garners Ferry. East Lake Subdivision. 1546 sq. ft. 3 Bedrooms, 2 1/2 Baths, one car Garage, small FROG. \$138,000. Call 803-466-1520.

609 Summerhill Drive. Only \$124,500. That's right! Over 1700 sq.ft., 1 car garage, shed, 3BR/2BA, formal dining, eat-in kitchen, family room. Clean and ready. 2 years young. Gary Cross, 467-0256.

Alexander Pointe Must See!! House for sale. Great listing price. Only 5 minutes from Ft. Jackson. Home is 2 years young on a large lot in a cul-de-sac. Call 518-2645.

Briarwood Subdivision, 7 miles to Ft. Jackson: 2 story Williamsburg. 4BR, 2.5BA, 2800 sq.ft. Fenced Back Yard with Patio and Arbor. All appliances remain. 2 car enclosed garage. \$179,500. Call 803-788-1550.

FSBO: 2006 Pennington Place Townhouse, 1500 sq.ft., 3BR/2.5BA. Includes attached garage and fenced backyard. Front yard maintained by Homeowner's Association. 2 miles to Fort Jackson, less than 5 miles to Five Points and Vista. \$146,900. Contact (803)348-4113 for more information.

FSBO: 3BR w/large MBR, wainscoting throughout, 1BA, eat-in kitchen, custom cabinets, 2 ovens, lots counter space, LR, Laundry, remote ceiling fans, carport, 2 storage sheds, workshop, front porch, side deck, 2 yr old heat/air gas pack, landscaped acre. \$115,000. 803-353-0507

House for sale in Blythewood, Ashley Oaks S/D, Brick, 3BR, 2BA, FROG, 2621 sq.ft., 1.48 acres, dock and pond. Cul-de-sac, zoned for Bethel Hanberry Elem., Blythewood Middle/High Schools. \$314,900. Email for pictures jlaterza@sc.rr.com

Just 2 years old. Quiet neighborhood, NE. Great schools, close to shopping and Post. 1500 sq.ft., 3BR/2BA. MBR w/walk-in closet and sitting area. Trey ceiling, crown molding. Side-by-side fridge, smoothtop stove, washer/dryer. Covered front porch, screened back porch. \$144,000. 803-699-9160.

NE Columbia, Winchester Subdivision: Approx. 2400 sq.ft. 3 Bedrooms, 2.5 Baths, 2 car Garage. Large play room on a beautiful corner lot. Fenced-in backyard with large deck. Priced to sell at \$189,900. Contact Dave, 803-397-1700.

805 House for Sale

Like New, 1.5 year old, 3BR, 2.5BA Home for sale by owner in Southeast Columbia. Attached 2 car garage, established lawn. Sprinkler system in front and back yards. Professionally installed wood fence surrounding backyard, modern amenities. View at www.HomesByOwner.com/55929 803-586-2077.

Military orders force move. Lovely 4 Bedrooms, tile floors, huge master, family room, large kitchen. Sterling Hills Subdivision. Asking \$138,000. Call Gary Cross @ 467-0256.

NE: Beautiful Garden home on corner lot. 3 Bedrooms with an exceptionally large Master Suite, 2 Baths, Formal Dining, Living Room, eat-in kitchen overlooking private fenced yard with covered patio. Garage, Sprinkler System. 1644 sq.ft. \$131,900. Call 803-261-1278 for appointment.

Ready for New Owner: 120 Waterville Drive, Highlands Subdivision. Very clean, dark hardwood floors, formals, large kitchen, family room. SS appliances remain, irrig, huge bonus room. \$239,900. Gary Cross, 467-0256.

SE Columbia: Lovely, 4 Bedrooms, 2.5 Baths, 2 car garage, 1800 sq.ft., only 5 minutes from Fort Jackson. Only 1.5 years young in a very nice neighborhood. Call (803) 518-2645 for more information.

Shandon Home FSBO: Priced to sell. Motivated Sellers! 3 Bedrooms, 3 Baths, 2000+ sq.ft. Fenced-in yard, hardwood floors. Very close to Fort. Large laundry room. Asking \$249,000. Call 803-319-8685 or email wer4usc@yahoo.com

807 Mobile Homes for Sale

2001 Fleetwood Doublewide in Gaston on 1.2 acre. 4BR/2BA, LR, Den. MBR w/walk-in closet, double vanity, garden tub, separate shower. Front porch, back deck. Fenced backyard w/barn. 1920sq.ft. Close to Hidden Valley GC \$89,000 OBO. Motivated sellers-make offer. Ryan, 803-739-2268.

3 Bedroom, 2 Bath Doublewide on 5 acres of land, located in Bethune, SC. \$10,000 down and take over payments. Serious inquiries ONLY. Please call 843-334-6031.

900 Autos for Sale

1966 Ford Mustang, excellent condition, runs and drives great, automatic, power steering, all original Vintage Burgundy with black interior. \$5900 OBO. Call (337)718-2417.

1991 Toyota MR2 Turbo, 133,000 miles. Tuner project with all options/loaded. This car just had \$2500 of upgrades to the motor. Good condition, runs fast with strong turbo. \$6500 OBO. 803-960-5721.

900 Autos for Sale

1994 Pontiac Sunbird, 5 speed, V-6 engine 2 door. Drive it to work tomorrow. \$950. Serious inquiries only, 864-363-4760.

1996 Collectors Edition Corvette in Sebring Silver with gray interior, LT1 330HP AT. All options/loaded. Low mileage for 1996 model. Brand new Z rated tires. \$15,000 OBO. 803-960-5721.

1996 Dodge Grand Am Van, approximately 144,000 miles, newly painted in last year. Runs, but transmission needs work. Good tires and interior. Drives Great! Asking \$995. 803-926-3574.

1998 Chevy Malibu 4 door sedan, power windows and locks, tilt steering, AC, CD player, 138,000 miles. Looks and drives great. \$2200 OBO. Call 803-782-9802, ext. 52302.

1999 Chrysler Town & Country LXI Minivan, white w/sandstone leather interior. Captain seats plus 3rd rear seat. Approx 141,000 miles, in exceptionally good condition. Luggage rack, full power package: 8-way driver and passenger seats. Transmission recently overhauled. \$4500. John, 360-8650.

2001 Chevy Impala, two tone custom paint, black/charcoal, 20" rims, leather interior, wood grain, sunroof, rear spoiler, power seat, power tinted windows. CD player. 127,000 miles. \$4500 OBO. Call 803-556-7653 or 361-6263.

2002 Kia Sedona EX white minivan: V6 3.5L, 4WD, A/T, 80,080 miles. DVD System, leather, sunroof, privacy glass, roof rack, excellent condition! Must See! Asking \$7700 OBO. Call anytime, 803-983-4605.

2002 Mercury Grand Marquis, 39K miles, excellent condition, for sale by original owner. Light blue exterior/interior. PS, PW, PL, auto., AC, AM/FM/cassette. Driven by non-smoker, kept garaged since bought. \$11,900. Call Norm, 776-3689, Columbia.

2005 Nissan Pathfinder 4X4, Carolina Red, 32,000 miles, auto, V6, looks and drives like new. \$16,999. Remainder of factory warranty. For sale by original owner. Call 630-661-1010.

2007 Chrysler LHS, 103,700 miles, excellent condition, CD player, leather seats, sunroof and 4 new tires, \$5800 OBO. 803-237-7365.

2007 FJ Cruiser, yellow/white, 12,000 miles, excellent condition, \$25,000 OBO. Call 803-466-1520 for more details.

90 NISSAN 300ZX, 5 speed coupe. T-Tops, black with black/gray interior, AC, custom exhaust. 184,000 miles. Great car. Asking \$5800 OBO. Call 803-730-6114

93 Lexus ES300, 148,000 miles, asking \$3200. 1990 Cadillac Sedan Deville, 127,000 miles, asking \$3000 OBO. Contact 803-206-4246.

97 Ford Escort Standard, good condition. Asking \$2500 OBO. Call 360-7839.

900 Autos for Sale

Must Sell: 2007 Ford Fusion S, tuscan silver, excellent condition. Anti-theft system, keyless entry, CD/MP3 Player. Roomy, power locks and windows. Great gas mileage, 28/31. Only had for 8 months. Asking \$19,800. Please call 901-389-8477 for more information.

Special Edition Chrysler 300M, 2004, black, automatic, fully loaded, Navigation System, sunroof, leather, 120,000 miles, excellent condition, like new. Must See. \$10,500. BMW 325, automatic, 93, leather seats, sunroof, rims, great condition. \$3500 OBO. Call 360-7839.

901 Trucks for Sale

1985 Ford Ranger Truck: 5 speed, Great Body. Replaced engine, but won't start. New tires and starter. Tool box on back. \$400 OBO. (H)803-699-9897 or (C)803-603-8310. Make me an offer. Must see first.

1992 Dodge Ram 50 Pickup. Has Mitsubishi engine (Hybrid-between Dodge and Mitsubishi). 5 speed transmission (stick). Great tires. Approximately 178,000 miles. \$1995. 803-926-3574.

1994 Ford F-150 Regular Cab, 4.9L, red w/gray interior. 8' bed, dual tanks. Go 700 miles before stopping. Great gas mileage, 19 mpg hwy. New tires, battery, clutch, flywheel, oil pump, radiator. Runs great. Go anywhere! 174K. \$2700. 931-349-1941.

1997 Ford F150 Lariat. 90,500 miles. Power doors/windows/mirrors. Running boards, camper shell, bed liner, cruise, tilt, leather, 3rd door. White exterior, brown interior. Contact David, 803-729-4029 to arrange test drive and inspection. \$6400.

1998 Chevy S-10 Longbed, good condition, 129,000 miles. \$3000 OBO. Call Jeff @ 803-865-5199.

2001 GMC 2500 4x4 Truck, 6.0 liter AT with only 75K miles. Loaded with AC, PW/D/L/M, heated seats, towing package, leather interior, bed cover, running bars, OnStar. \$15,000 OBO. 803-960-5721.

94 Dodge Ram 1500, green, good condition, \$2550 OBO. Call 360-7839.

Blue 2000 Ford F-150 Extended Cab, excellent interior and exterior condition, low mileage, power locks and windows, AC, cruise, bed liner, air bags, tow hitch and more. Kelly Blue Book \$9600, asking \$8500 OBO. Call 502-235-6259 or 270-300-1496.

902 Boats/Equipment

05 Crestliner 2485LX Pontoon Boat with trailer. Mercury 115 hp. 4 stroke, less than 10 hours. Fish finder, 6 speaker radio w/CD, life jackets and anchor included, \$19,000. 803-794-0407 or 803-318-7148.

902 Boats/Equipment

17 ft. Dolphin Fiberglass Camouflage Color Canoe, very good condition. Includes paddles, 2 flotation devices, tie down straps and cushions. Great canoe for duck hunting. Will sell all for \$400. Contact Mark at (803) 261-2811.

1999 20' Nitro Fish and Ski, good condition. Mercury 150XR6 w/recent tuneup. Hot Foot Throttle, battery charger, Battery Maintenance System, Hydraulic tilt steering, Keel guard, in-dash Depth gauge, Lowrance LMS-320 Mapping GPS and Sonar, much more. Moving. \$8000. 407-506-9108 breinwald@sc.rr.com

903 Motorcycles/Mopeds

1999 Honda Vallykerie 1500cc Sport Tourer, black and chrome, extras, excellent condition. Original owner. 17K miles. \$8000 Firm. Call Steve, (803) 331-4260. For pictures email me at: seeredman14@yahoo.com

2001 Suzuki GSXR 750cc, runs great. Chrome rims, Yoshimura slip-on exhaust and chrome hand grips. 12,000 miles. Must Sell. \$3800. Garage stored. Call Phil at (803) 586-8426.

2001 Suzuki Katana 750cc, runs good. Great bike in good condition. Asking \$3500 OBO. Call 803-210-9870 or 803-790-8384 for more information.

2004 Honda CRF250R Motocross, rarely ridden, in Great Shape. Triple X Graphics. Very clean. Must See! \$3800 OBO. 2002 Honda CR125R, ready to ride, \$1900 OBO. Call Mike, 803-236-1878.

2005 Suzuki GSXR 600, 2800 miles, black/silver, chrome wheels. Complete tuneup in Dec. Asking \$4500 Firm. Female rider. Call 803-873-1828.

2008 Kawasaki Moped, black, 50ccs. Has a max speed of 40 mph. Excellent condition. \$1000. Call Kerry, 573-528-0591.

Motorcycle for sale: 2007 Ninja, 500cc, red/silver, 1,300 miles, too heavy for me. \$4000 OBO. Includes \$150 full cover, helmet and possible jacket if it fits. Call 803-466-1520.

903 Trailers Campers

1987 Fireball Camper, 38 ft., like a small 3 room apartment, good condition. Need to sell. Call Donna, 955-9127. \$5500 OBO.

2000 Coachman Mirada, Class A, 300QB-Ford RV, 13,000 miles. \$30,000 OBO. Excellent condition. Price includes 4 hour inspection from local RV Service Dept. for clean bill of health for buyer, valued @ over \$600. For more details contact 803-466-1520.

2002 Coleman Pop-Up Camper, sleeps 6, AC/HT, 3 way refrig., 2 stoves. Garage kept. Camped in only a dozen times, like new condition, \$4600. 803-413-5725.

903 Trailers Campers

73 Starcraft Pop-up Trailer: Sleeps 6, stove, refrigerator, new canvas and screens, gas bottles, tires, wheel bearings. Totally refurbished. Ideal for family camping, \$2200. 803-794-0407 or 803-318-7148.

Regional Classifieds

Announcements

Attention Social Security Recipients!! You need to file a 2007 tax return in order to be eligible to receive a Stimulus Payment from the IRS scheduled for May 2008. We are offering a discounted rate (\$25.00) for those that have not been required to file in the past but need to file this year in order to receive the payment. Call William F. Bodie, CPA, (803)438-6881. 23 Elm Street, Lugoff, SC 29078.

PARENTS-TAKE FRIDAY NIGHT OFF!

Bring your kids to Wateree Gymnastics Center the 1st and 3rd Friday of each month for Parent's Night Out - a night of supervised FUN complete with dinner! The times are from 6:30-9:30 and the cost is only \$17 per child. Call to reserve your spot! 432-2609. We also have GREAT Birthday Party Packages. Please visit our website at www.watereegymnastics.com for more information about all that we have to offer!

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FOOD LION Auto Fair - Lowe's Motor Speedway, Charlotte. Featuring: Classics, AACA National Spring Meet, customs, auction, clubs. Buy/sell. April 3-6. Info: 704-455-3205 or LowesMotorSpeedway.com

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Saturday, March 29, 10AM
1927 Etters Lane, Cassatt, SC
Go Hwy. #1 north, turn left on Elliott Hunter Road, (just before R.R. underpass). Go to Etters Lane, follow auction signs. 1750 sq.ft. modular home with 3BR, 2BA, Kitchen, DR, Living Room, Den w/Fireplace, Patio on 8+/- wooded acres.
Inspection-Open House, Saturday, March 22, 2-4pm.
Terms: Real Estate 10% down day of sale. Balance at closing (30) days. Sold with reserve.
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Daycare Openings-Family Style. Limited openings: Ages 1-3 years old. Call 408-1730, ask for Teresa. DSS Reg. #18189

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We are looking for a responsible, outgoing and organized individual who can help run a busy front office with minimal supervision. Must have excellent customer service skills, a great phone voice and experience with computers. Please email your resume to watereegymnastics@yahoo.com or fax it to 432-2612. No phone calls please.

McCoy Memorial Nursing Center is currently accepting applications for RN/ LPN floor nurse's and supervisors Monday through Friday on all shifts. SIGN ON BONUS AVAILABLE TO THOSE WHO QUALIFY. Nurses must possess commitment and provide superior care to our Residents. Must be dependable, efficient and able to work in a fast-pace environment. LTC experience preferred but not required. We offer competitive wages with fully paid health insurance as well as additional insurance packages. Apply in person to 207 Chappell Drive, Bishopville, call 803-484-5636 or email resume to eprice@cookeassociates.com

Employment

Do you speak fluent Spanish and English? Be more than just a secretary! Immobel.com the worlds largest provider of data translation services to the real estate industry is opening their first office outside of Europe. Because the CEO lives in Camden, we are opening our US office here.

This interesting position is full time, and has a lot of growth potential. You will handle some executive assistant functions, help with marketing, do some translating, handle some customer calls and learn the business.

Your language skills will be used to interact with Spanish language news media and reporters, helping with ad copy, helping with internet portal copy, doing research and depending on where your talents lay, you can grow in several directions as the company staffs up here. You will have the chance to work independently, and as part of the team on new product launches.

You will be responsible for tracking detail, progress and scheduling.

Your Spanish language must be native, and very polished. Your English must be fluent.

Knowledge of the real estate business, particularly recent experience as an agent or broker is a definite plus.

If you are the right person for this job, we are looking for you. Send resume to: Blind Box 2352, c/o Camden Media Company, P.O. Box 1137, 909 W. DeKalb St., Camden, SC 29020 or email: jc@immobel.com

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Alan's Market now hiring full & part-time. Apply in person. No phone calls, please. 263 Longtown Road. Must be able to work Saturdays.

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